

Day 1 – Tuesday 1 March 2011

Session 1 – Heats			Session 2 – Finals		
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.30pm Start 6pm		
1	400 Free	W	1	400 Free	W 13 years
			1	400 Free	W 14 years
2	200 IM	M	Victory ceremony 1	400 Free	W 13 years
			1	400 Free	W 15 years
3	50 Breast	W	Victory ceremony 1	400 Free	W 14 years
			1	400 Free	W 16 years
4	50 Back	M	Victory ceremony 1	400 Free	W 15 years
			1	400 Free	W 17-18 years
5	200 Back	W	Victory ceremony 1	400 Free	W 16 years
			2	200 IM	M 13 years
6	200 Fly	M	Victory ceremony 1	400 Free	W 17-18 years
			2	200 IM	M 14 years
7	4 x 50m Free	W	Victory Ceremony 2	200 IM	M 13 years
	Club Relay	15 & U	2	200 IM	M 15 years
8	4 x 50m Free	M	Victory ceremony 2	200 IM	M 14 years
	Club Relay	15 & U	2	200 IM	M 16 years
9	4 x 50m Free	W	Victory ceremony 2	200 IM	M 15 years
	Club Relay	16 & O	2	200 IM	M 17-18 years
10	4 x 50m Free	M	Victory ceremony 2	200 IM	M 16 years
	Club Relay	16 & O	3	50 Breast	W 13 years
			3	50 Breast	W 14 years
			3	50 Breast	W 15 years
			3	50 Breast	W 16 years
			3	50 Breast	W 17-18 years
			Victory ceremony 2	200 IM	M 17-18 years
			Victory ceremony 3	50 Breast	W 13 years
			Victory Ceremony 3	50 Breast	W 14 years
			Victory ceremony 3	50 Breast	W 15 years
			Victory ceremony 3	50 Breast	W 16 years
			Victory ceremony 3	50 Breast	W 17-18 years
			4	50 Back	M 13 years
			4	50 Back	M 14 years
			4	50 Back	M 15 years
			4	50 Back	M 16 years
			4	50 Back	M 17-18 years
			Victory ceremony 4	50 Back	M 13 years
			Victory ceremony 4	50 Back	M 14 years
			Victory ceremony 4	50 Back	M 15 years
			Victory ceremony 4	50 Back	M 16 years
			Victory ceremony 4	50 Back	M 17-18 years
			5	200 Back	W 13 years
			5	200 Back	W 14 years
			Victory ceremony 5	200 Back	W 13 years
			5	200 Back	W 15 years
			Victory ceremony 5	200 Back	W 14 years
			5	200 Back	W 16 years
			Victory ceremony 5	200 Back	W 15 years
			5	200 Back	W 17-18 years
			Victory ceremony 5	200 Back	W 16 years
			6	200 Fly	M 13 years
			Victory ceremony 5	200 Back	W 17-18 years
			6	200 Fly	M 14 years
			Victory ceremony 6	200 Fly	M 13 years
			6	200 Fly	M 15 years
			Victory ceremony 6	200 Fly	M 14 years
			6	200 Fly	M 16 years
			Victory ceremony 6	200 Fly	M 15 years
			6	200 Fly	M 17-18 years
			Victory ceremony 6	200 Fly	M 16 years
			Victory ceremony 6	200 Fly	M 17-18 years
			7	4 X 50 Free Relay Club	W 15 & Under
			8	4 X 50 Free Relay Club	M 15 & Under
			9	4 X 50 Free Relay Club	W 16 & Over
			10	4 X 50 Free Relay Club	M 16 & Over

Victory ceremonies for Relay Events 7-10 will be prior to the finals session at 5.40pm on Wednesday 2 March

Day 2 – Wednesday 2 March 2011

Victory ceremonies for Relay Events 7-10 from last night will be prior to the finals session at 5.40pm tonight.

Session 3 – Heats			Session 4 – Finals		
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm		
11	400 IM	W	11	400 IM	W 13 years
			11	400 IM	W 14 years
12	400 Free	M	Victory ceremony	11 400 IM	W 13 years
			11	400 IM	W 15 years
13	50 Fly	W	Victory ceremony	11 400 IM	W 14 years
			11	400 IM	W 16 years
14	50 Breast	M	Victory ceremony	11 400 IM	W 15 years
			11	400 IM	W 17-18 years
15	100 Free	W	Victory ceremony	11 400 IM	W 16 years
			12	400 Free	M 13 years
16	200 Back	M	Victory ceremony	11 400 IM	W 17-18 years
			12	400 Free	M 14 years
18	4 x 50m Free Regional Relay	M 15 & U	Victory ceremony	12 400 Free	M 13 years
			12	400 Free	M 15 years
19	4 x 50m Regional	M 15 & U	Victory Ceremony	12 400 Free	M 14 years
			12	400 Free	M 16 years
20	4 x 50m Regional	M 16 & O	Victory Ceremony	12 400 Free	M 15 years
			12	400 Free	M 17-18 years
			Victory Ceremony	12 400 Free	M 16 years
			13	50 Fly	W 13 years
			13	50 Fly	W 14 years
			13	50 Fly	W 15 years
			13	50 Fly	W 16 years
			13	50 Fly	W 17-18 years
			Victory Ceremony	12 400 Free	M 17-18 years
			Victory ceremony	13 50 Fly	W 13 years
			Victory Ceremony	13 50 Fly	W 14 years
			Victory Ceremony	13 50 Fly	W 15 years
			Victory Ceremony	13 50 Fly	W 16 years
			Victory Ceremony	13 50 Fly	W 17-18 years
			14	50 Breast	M 13 years
			14	50 Breast	M 14 years
			14	50 Breast	M 15 years
			14	50 Breast	M 16 years
			14	50 Breast	M 17-18 years
			Victory ceremony	14 50 Breast	M 13 years
			Victory ceremony	14 50 Breast	M 14 years
			Victory ceremony	14 50 Breast	M 15 years
			Victory ceremony	14 50 Breast	M 16 years
			Victory ceremony	14 50 Breast	M 17-18 years
			15	100 Free	W 13 years
			15	100 Free	W 14 years
			Victory ceremony	15 100 Free	W 13 years
			15	100 Free	W 15 years
			Victory ceremony	15 100 Free	W 14 years
			15	100 Free	W 16 years
			Victory ceremony	15 100 Free	W 15 years
			15	100 Free	W 17-18 years
			Victory ceremony	15 100 Free	W 16 years
			16	200 Back	M 13 years
			Victory ceremony	15 100 Free	W 17-18 years
			16	200 Back	M 14 years
			Victory ceremony	16 200 Back	M 13 years
			16	200 Back	M 15 years
			Victory ceremony	16 200 Back	M 14 years
			16	200 Back	M 16 years
			Victory ceremony	16 200 Back	M 15 years
			16	200 Back	M 17-18 years
			Victory ceremony	16 200 Back	M 16 years
			Victory ceremony	16 200 Back	M 17-18 years
			17	4 X 50 Free Relay Region	W 15 & Under
			18	4 X 50 Free Relay Region	M 15 & Under
			19	4 X 50 Free Relay Region	W 16 & Over
			20	4 X 50 Free Relay Region	M 16 & Over

Victory ceremonies for Relay Events 17-20 will be prior to the finals session at 5.40pm on Thursday 3 March

**Day 3 – Thursday 3 March 2011**

Victory ceremonies for Relay Events 17-20 from last night will be prior to the finals session at 5.40pm tonight.

Session 5 – Heats			Session 6 – Finals			
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm			
21	200 Free	W	21	200 Free	W	13 years
			21	200 Free	W	14 years
22	400 IM	M	Victory ceremony	21	200 Free	W 13 years
			21	200 Free	W	15 years
23	100 Back	W	Victory ceremony	21	200 Free	W 14 years
			21	200 Free	W	16 years
24	50 Fly	M	Victory ceremony	21	200 Free	W 15 years
			21	200 Free	W	17-18 years
25	200 Breast	W	Victory ceremony	21	200 Free	W 16 years
			22	400 IM	M	13 years
26	100 Free	M	Victory ceremony	21	200 Free	W 17-18 years
			22	400 IM	M	14 years
27	4 x 50m Medley Club Relay	W 15 & U	Victory ceremony	22	400 IM	M 13 years
			22	400 IM	M	15 years
28	4 x 50m Medley Club Relay	M 15 & U	Victory Ceremony	22	400 IM	M 14 years
			22	400 IM	M	16 years
29	4 x 50m Medley Club Relay	W 16 & O	Victory ceremony	22	400 IM	M 15 years
			22	400 IM	M	17-18 years
30	4 x 50m Medley Club Relay	M 16 & O	Victory ceremony	22	400 IM	M 16 years
			23	100 Back	M	13 years
			Victory ceremony	22	400 IM	M 17-18 years
			23	100 Back	W	14 years
			Victory ceremony	23	100 Back	W 13 years
			23	100 Back	W	15 years
			Victory ceremony	23	100 Back	W 14 years
			23	100 Back	W	16 years
			Victory Ceremony	23	100 Back	W 15 years
			23	100 Back	W	17-18 years
			Victory Ceremony	23	100 Back	W 16 years
			24	50 Fly	M	13 years
			24	50 Fly	M	14 years
			24	50 Fly	M	15 years
			24	50 Fly	M	16 years
			24	50 Fly	M	17-18 years
			Victory Ceremony	23	100 Back	W 17-18 years
			Victory ceremony	24	50 Fly	M 13 years
			Victory ceremony	24	50 Fly	M 14 years
			Victory ceremony	24	50 Fly	M 15 years
			Victory ceremony	24	50 Fly	M 16 years
			Victory ceremony	24	50 Fly	M 17-18 years
			25	200 Breast	W	13 years
			25	200 Breast	W	14 years
			Victory ceremony	25	200 Breast	W 13 years
			25	200 Breast	W	15 years
			Victory ceremony	25	200 Breast	W 14 years
			25	200 Breast	W	16 years
			Victory ceremony	25	200 Breast	W 15 years
			25	200 Breast	W	17-18 years
			Victory ceremony	25	200 Breast	W 16 years
			26	100 Free	M	13 years
			Victory ceremony	25	200 Breast	W 17-18 years
			26	100 Free	M	14 years
			Victory ceremony	26	100 Free	M 13 years
			26	100 Free	M	15 years
			Victory ceremony	26	100 Free	M 14 years
			26	100 Free	M	16 years
			Victory ceremony	26	100 Free	M 15 years
			26	100 Free	M	17-18 years
			Victory ceremony	26	100 Free	M 16 years
			Victory ceremony	26	100 Free	M 17-18 years
			27	4 X 50 Med Relay Club	W	15 & Under
			28	4 X 50 Med Relay Club	M	15 & Under
			29	4 X 50 Med Relay Club	W	16 & Over
			30	4 X 50 Med Relay Club	M	16 & Over

Victory ceremonies for Relay Events 27-30 will be prior to the finals session at 5.40pm on Friday 4 March

Day 4 – Friday 4 March 2011

Victory ceremonies for Relay Events 27-30 from last night will be prior to the finals session at 5.40pm tonight.

Session 7 – Heats			Session 8 – Finals		
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm		
31	800 Free (Timed finals)	W	31	800 Free	W Fastest TF
32	200 Free	M	32	200 Free	M 13 years
33	100 Breast	W	Victory ceremony 31	800 Free	W 13 years
34	100 Back	M	Victory ceremony 31	800 Free	W 14 years
35	50 Back	W	Victory ceremony 31	800 Free	W 15 years
36	200 Breast	M	Victory ceremony 31	800 Free	W 16 years
37	100 Fly	W	Victory ceremony 31	800 Free	W 17-18 years
38	4 x 50m Medley Regional Relay	M 15 & U	32	200 Free	M 14 years
39	4 x 50m Medley Regional Relay	W 15 & U	Victory ceremony 32	200 Free	M 13 years
40	4 x 50m Medley Regional Relay	M 16 & O	32	200 Free	M 15 years
			Victory Ceremony 32	200 Free	M 17-18 years
			32	200 Free	M 16 years
			Victory Ceremony 32	200 Free	M 17-18 years
			33	100 Breast	W 13 years
			Victory Ceremony 32	200 Free	M 17-18 years
			33	100 Breast	W 14 years
			Victory ceremony 33	100 Breast	W 13 years
			33	100 Breast	W 15 years
			Victory ceremony 33	100 Breast	W 14 years
			33	100 Breast	W 16 years
			Victory Ceremony 33	100 Breast	W 17-18 years
			33	100 Breast	W 15 years
			Victory Ceremony 33	100 Breast	W 16 years
			34	100 Back	M 13 years
			Victory Ceremony 33	100 Breast	W 17-18 years
			34	100 Back	M 14 years
			Victory ceremony 34	100 Back	M 13 years
			34	100 Back	M 15 years
			Victory ceremony 34	100 Back	M 14 years
			34	100 Back	M 16 years
			Victory ceremony 34	100 Back	M 15 years
			34	100 Back	M 17-18 years
			Victory ceremony 34	100 Back	M 16 years
			35	50 Back	W 13 years
			35	50 Back	W 14 years
			35	50 Back	W 15 years
			35	50 Back	W 16 years
			35	50 Back	W 17-18 years
			Victory ceremony 34	100 Back	M 17-18 years
			Victory ceremony 35	50 Back	W 13 years
			Victory ceremony 35	50 Back	W 14 years
			Victory ceremony 35	50 Back	W 15 years
			Victory ceremony 35	50 Back	W 16 years
			Victory ceremony 35	50 Back	W 17-18 years
			36	200 Breast	M 13 years
			36	200 Breast	M 14 years
			Victory ceremony 36	200 Breast	M 13 years
			36	200 Breast	M 15 years
			Victory ceremony 36	200 Breast	M 14 years
			36	200 Breast	M 16 years
			Victory ceremony 36	200 Breast	M 15 years
			36	200 Breast	M 17-18 years
			Victory ceremony 36	200 Breast	M 16 years
			37	100 Fly	W 13 years
			Victory ceremony 36	200 Breast	M 17-18 years
			37	100 Fly	W 14 years
			Victory ceremony 37	100 Fly	W 13 years
			37	100 Fly	W 15 years
			Victory ceremony 37	100 Fly	W 14 years
			37	100 Fly	W 16 years
			Victory ceremony 37	100 Fly	W 15 years
			37	100 Fly	W 17-18 years
			Victory ceremony 37	100 Fly	W 16 years
			Victory ceremony 37	100 Fly	W 17-18 years
			38	4 X 50 Med Relay Region	M 15 & Under
			39	4 X 50 Med Relay Region	W 15 & Under
			40	4 X 50 Med Relay Region	M 16 & Over
			41	4 X 50 Med Relay Region	W 16 & Over

Victory ceremonies for Relay Events 38-41 will be prior to the finals session at 5.40pm on Saturday 5 March

Day 5 – Saturday 5 March 2011

Victory ceremonies for Relay Events 38-41 from last night will be prior to the finals session at 5.40pm tonight.

Session 9 – Heats			Session 10 – Finals			
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm			
42	1500 Free (Timed finals)	M	42	1500 Free	M	Fastest TF
43	200 Fly	W	43	200 Fly	W	13 years
44	100 Breast	M	Victory ceremony 42	1500 Free	M	13 years
45	50 Free	W	Victory ceremony 42	1500 Free	M	14 years
46	50 Free	M	Victory ceremony 42	1500 Free	M	15 years
47	200 IM	W	Victory ceremony 42	1500 Free	M	16 years
48	100 Fly	M	Victory ceremony 42	1500 Free	M	17-18 years
			43	200 Fly	W	14 years
			Victory ceremony 43	200 Fly	W	13 years
			43	200 Fly	W	15 years
			Victory ceremony 43	200 Fly	W	14 years
			43	200 Fly	W	16 years
			Victory Ceremony 43	200 Fly	M	15 years
			43	200 Fly	W	17-18 years
			Victory Ceremony 43	200 Fly	M	16 years
			44	100 Breast	M	13 years
			Victory Ceremony 43	200 Fly	M	17-18 years
			44	100 Breast	M	14 years
			Victory ceremony 44	100 Breast	M	13 years
			44	100 Breast	M	15 years
			Victory ceremony 44	100 Breast	M	14 years
			44	100 Breast	M	16 years
			Victory ceremony 44	100 Breast	M	15 years
			44	100 Breast	M	17-18 years
			Victory ceremony 44	100 Breast	M	16 years
			45	50 Free	W	13 years
			45	50 Free	W	14 years
			45	50 Free	W	15 years
			45	50 Free	W	16 years
			45	50 Free	W	17-18 years
			Victory ceremony 44	100 Breast	M	17-18 years
			Victory ceremony 45	50 Free	W	13 years
			Victory ceremony 45	50 Free	W	14 years
			Victory ceremony 45	50 Free	W	15 years
			Victory ceremony 45	50 Free	W	16 years
			Victory ceremony 45	50 Free	W	17-18 years
			46	50 Free	M	13 years
			46	50 Free	M	14 years
			46	50 Free	M	15 years
			46	50 Free	M	16 years
			46	50 Free	M	17-18 years
			Victory ceremony 46	50 Free	M	13 years
			Victory ceremony 46	50 Free	M	14 years
			Victory ceremony 46	50 Free	M	15 years
			Victory ceremony 46	50 Free	M	16 years
			Victory ceremony 46	50 Free	M	17-18 years
			47	200 IM	W	13 years
			47	200 IM	W	14 years
			Victory ceremony 47	200 IM	W	13 years
			47	200 IM	W	15 years
			Victory ceremony 47	200 IM	W	14 years
			47	200 IM	W	16 years
			Victory ceremony 47	200 IM	W	15 years
			47	200 IM	W	17-18 years
			Victory ceremony 47	200 IM	W	16 years
			48	100 Fly	M	13 years
			Victory ceremony 47	200 IM	W	17-18 years
			48	100 Fly	M	14 years
			Victory ceremony 48	100 Fly	M	13 years
			48	100 Fly	M	15 years
			Victory ceremony 48	100 Fly	M	14 years
			48	100 Fly	M	16 years
			Victory ceremony 48	100 Fly	M	15 years
			48	100 Fly	M	17-18 years
			Victory ceremony 48	100 Fly	M	16 years
			Victory ceremony 48	100 Fly	M	17-18 years