

Day 1 – Thursday 5th June 2008

Session 1 – Heats			Session 2 – Finals		
Warm-up 8.15am - 9.45am		Start 10am	Warm-up 4.45pm - 6.00pm		Start 6.30pm
1	50m Butterfly	M	1	50m Butterfly	M
2	50m Butterfly	W	2	50m Butterfly	W
3	200m Freestyle	M	Victory ceremony	1 50m Butterfly	M
4	200m Freestyle	W	3	200m Freestyle	M
5	100m Backstroke	M	Victory ceremony	2 50m Butterfly	W
6	100m Backstroke	W	4	200m Freestyle	W
7	200m Butterfly	M	Victory ceremony	3 200m Freestyle	M
8	200m Butterfly	W	5	100m Backstroke	M
9	1500m Freestyle	M	Victory ceremony	4 200m Freestyle	W
			6	100m Backstroke	W
			Victory ceremony	5 100m Backstroke	M
			7	200m Butterfly	M
			Victory ceremony	6 100m Backstroke	W
			8	200m Butterfly	W
			Victory ceremony	7 200m Butterfly	M
			9	1500m Freestyle	M
			Victory ceremony	8 200m Butterfly	W
			Victory ceremony	9 1500m Freestyle	M

Day 2 – Friday 6th June 2008

Session 3 – Heats			Session 4 – Finals		
Warm-up 8.15am - 9.45am		Start 10am	Warm-up 4.45pm - 6.15pm		Start 6.30pm
10	50m Backstroke	W	10	50m Backstroke	W
11	50m Backstroke	M	11	50m Backstroke	M
12	100m Freestyle	W	12	100m Freestyle	W
13	100m Freestyle	M	13	100m Freestyle	M
14	100m Breaststroke	W	14	100m Breaststroke	W
15	100m Breaststroke	M	15	100m Breaststroke	M
16	400m IM	W	16	400m IM	W
17	400m IM	M	17	400m IM	M
			18	4 x 200m Freestyle Relay	W
			19	4 x 200m Freestyle Relay	M
			17	400m IM	M
			18	4 x 200m Freestyle Relay	W
			19	4 x 200m Freestyle Relay	M

Day 3 – Saturday 7th June 2008

Session 5 – Heats			Session 6 – Finals			
Warm-up 8.15am - 9.45am		Start 10am	Warm-up 4.45pm - 6.15pm		Start 6.30pm	
20	50m Breaststroke	W	20	50m Breaststroke	W	
21	50m Breaststroke	M	21	50m Breaststroke	M	
22	400m Freestyle	W	22	400m Freestyle	W	
23	400m Freestyle	M	23	400m Freestyle	M	
24	100m Butterfly	W	24	100m Butterfly	W	
25	100m Butterfly	M	25	100m Butterfly	M	
26	200m Backstroke	W	26	200m Backstroke	W	
27	200m Backstroke	M	27	200m Backstroke	M	
			28	4 x 100m Freestyle Relay	W	
			29	4 x 100m Freestyle Relay	M	
			Victory ceremony	27	200m Backstroke	M
			Victory ceremony	28	4 x 100m Freestyle Relay	W
			Victory ceremony	29	4 x 100m Freestyle Relay	M

Day 4 – Sunday 8th June 2008

Session 7 – Heats			Session 8 – Finals		
Warm-up 8.15am - 9.45am		Start 10am	Warm-up 4.45pm - 6.15pm		Start 6.30pm
30	800m Freestyle	W	30	800m Freestyle	W
			31	200m IM	M
31	200m IM	M	Victory ceremony	30 800m Freestyle	W
			32	200m IM	W
32	200m IM	W	Victory ceremony	31 200m IM	M
			33	50 Freestyle	M
33	50m Freestyle	M	Victory ceremony	32 200m IM	W
			34	50m Freestyle	W
34	50m Freestyle	W	Victory ceremony	33 50m Freestyle	M
			35	200m Breaststroke	M
35	200m Breaststroke	M	Victory ceremony	34 50m Freestyle	W
			36	200m Breaststroke	W
36	200m Breaststroke	W	Victory ceremony	35 200m Breaststroke	M
			37	4 x 100m Medley Relay	M
			38	4 x 100m Medley Relay	W
			Victory ceremony	36 200m Breaststroke	W
			Victory ceremony	37 4 x 100m Medley Relay	M
			Victory ceremony	38 4 x 100m Medley Relay	W