

# Flight of the Concords

Last night.....

50 points lost to penalties has meant that this competition takes a different shape and we are 19 down with one meet to go- clawing back 7 points at this evening's session. The team as a whole has rallied around each other and there were some huge performances that picked us up crucial points.

We as a team cannot guarantee a win today, but we guarantee that we will try harder than anyone else to make it happen. If we are positive, supportive and swim like we all know we can we will be in the best position to make it happen. We will hurt but stand tall and show how proud we are of one and other- Our lives have come together at this point in time to make some thing special happen. I think its more than some social engineering equation where we take **X** swimming performance and multiply it by **Y** number of races to get **Z** the desired outcome. There is an undefined variable that exists and that is the power of the team- If we all rise there will be nothing that can stop us.

Luke

Today- So close we came second by two solitary points, I can not put it into words how proud the coaching staff of Anna, David, Clive and I are of each and every one of you. With Freddie out to injury and changing the event allocations around this morning, was another spanner in the works, but you all proved how truly great you can be if you put your hearts into something.

Congratulations to the champion Red Indians and third place Smurfs- Your performances made us better and the coaching staff wishes every swimmer all the best for the upcoming nationals.

## Who am I?????

1. Dangerous with a coffee in hand....not so dangerous behind a wheel.
2. Fastest free split on the tour and our very own captain planet.
3. I'm always positive and enjoys looking up at the ceiling for extended periods.
4. clap, clap, clap, clap go..... Also 1<sup>st</sup> win today.
5. Closest person to a nz record on tour.
6. The more nervous I am the faster she swims.
7. 24 strokes per length in a 800...ouch!
8. Turned down a performance related kiss today reluctantly..."I have a boyfriend unfortunately".
9. 50 percent of tri series tours I have been knocked out on(so far).
10. The one armed bandit.

11. "I've lost my ipod again".
12. Top candidate for skin cancer.
13. "Has anyone seen Brydie?"
14. Top newcomer to NZ performance coaching and the glue of the team.
15. Blue,pink,blue,pink,blue,pink...
16. Consistently the fastest finisher on tour but can often be heard saying "I died".
17. Can get someone to screw up their face by just saying where he coaches.
18. Ok I want to settle this "I'm not pregnant".
19. "I try not to think to be honest"
20. Clive's not my coach this week.
21. Doesn't have the best hearing but doesn't help the cause by wearing headphones 24/7.



A couple of photos after everyone had been for a swim