

Due to the various options for qualifying for the NZ Open Water Championships, the psych sheets are seeded in in the following order

1. 5k open time
2. 5k pool time
3. LC distance time
4. SC distance time

## Women

Name	Age	Team	Seed Time	
1	Kylie Salt	18 West Auckland Aquatics	1:05:00.45	5k Open
2	Kirsten Cameron	32 Capital Swim Club	1:05:38.00	5k Open
3	Sarah Matheson	14 West Auckland Aquatics	1:18:00.23	5k Open
4	Natasha Simpson	17 West Auckland Aquatics	1:06:00.59	5k Pool
5	Kim Sherwen	15 Unattached - Auckland	1:12:00.40	5k Pool
6	Joyce Wieggersma	19 Spirit of Southland	9:03.21	800 LC
7	Julia Wright	15 Howick Pakuranga	9:18.48	800 LC
8	Stephanie Bennington	13 Capital Swim Club	9:50.29	800 LC
9	Emma Lowther	14 Howick Pakuranga	9:17.46	800 SC
10	Carla Van Bommel	16 Greerton	9:17.60	800 SC
11	Samantha Gunther	20 Central City Swimming	9:23.21	800 SC
12	Yee Ling Tay	16 Greerton	9:27.79	800 SC
13	Rachel Bird	17 Hamilton	9:28.69	800 SC
14	Alice Adams	16 North Shore Swimming	9:33.61	800 SC
15	Gabrielle Capp	16 Greerton	9:36.63	800 SC
16	Sarah Fraser	14 Taupo Swimming Club	9:39.95	800 SC

## Men

Name	Age	Team	Seed Time	
1	Daniel Ryan	20 Waterhole Swim Club	58:42.00	5k Open
2	Kane Radford	15 Russell Athletic	59:28.00	5k Open
3	Phillip Ryan	15 Waterhole Swim Club	1:01:42.00	5k Open
4	Casey Glover	19 Watties Swim City Aquatics	1:02:05.00	5k Open
5	Ryan Swart	16 Hamilton	1:05:43.00	5k Open
6	Andrew Pullon	15 Fairfield	1:08:48.12	5k Pool
7	Ben Miller	16 Waterhole Swim Club	1:08:59.99	5k Pool
8	Cameron Burrows	15 Howick Pakuranga	17:00.57	1500 LC
9	Jonathan Pullon	15 Fairfield	17:47.27	1500 LC
10	Peter Yates	13 Howick Pakuranga	18:13.81	1500 LC
11	Brett Henehan	19 Howick Pakuranga	15:47.70	1500 SC
12	Thomas McEwan	15 Central City Swimming	17:06.24	1500 SC
13	Troy Balvert	14 Hamilton	17:30.08	1500 SC
14	Sam Turner	14 Capital Swim Club	17:34.13	1500 SC