

Activity + Language = Understanding

Here are some examples of songs with actions, and activities you can do with your child to develop language and understanding, imagination, balance, coordination, self esteem, coordination and eyes.

Your young child learns to see things in his head by playing imagination games

Motor Boat Motor Boat goes so slow	<i>Drive a boat slowly round</i>
Motor Boat Motor Boat goes so fast	<i>Drive a boat more quickly</i>
Motor boat motor boat step on the gas	<i>Zoom a boat around the bath</i>

Your young child's balance improves if he rolls from front to back and back to front

I'm a little pancake on my back
I'm a little pancake nice and flat,
I'm a little pancake on my back
Roll me over just like that

Your young child will develop coordination by moving and gaining body awareness

Encourage him to copy your movements and you copy him too.

Wriggly worm wriggly worm,
this is the way I twist and turn

Your young child develops timing skills by moving to songs you sing together

If you're happy and you know it clap your hands
Kick your feet
Make a splash
Wash your tummy
Wash your toes etc

Massage makes your young child feel calm and helps him know that he is loved

This is the way we wash our legs
This is the way we wash our legs
This is the way we wash our legs
In the bath today

Your young child's eyes grow stronger if he practices looking at moving objects without moving his head

5 little ducks went swimming one day,
Over the pond and far away,
Mummy duck said quack, quack, quack,
4 little ducks came back.

4 little ducks went swimming one day...

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