



20
National 11
COMPETITIONS

QUALIFYING CRITERIA
AND PROGRAMMES

Published 30th July 2010



Background and SNZ Regulations

13 August 2010

The 2011 National Competition Qualifying Times and Criteria are produced for the competitions listed below for the information of swimmers and coaches.

The information is as accurate as possible as at 31st July 2010.

- NZ Open Water Championships
- NZ Junior Championship
- NZ Age Group Championships
- Division II Competition
- NZ Open Championships
- NZ 5km Pool Championships

National competition qualifying times and criteria for the 2011 Open Short Course Championships and the Age Group Short Course Championships will be published after the review of the 2010 events.

The SNZ Regulations are effective as at 28th July 2010.

- 2.1 All New Zealand Competitions shall be swum under Swimming New Zealand regulations. These regulations may also be adopted for use in Regional, inter-club, club or other competitions.
- 2.2 All members, swimmers and persons connected with SNZ National Competitions are bound by the rules and regulations of SNZ, FINA and the Sports Anti Doping Rules of Drug Free Sport New Zealand.
- 2.3 SNZ will publish annually a roster of the venues and dates for all New Zealand Competitions. New Zealand Competition qualifying times, conditions and criteria, closing date for entries, and entry fees shall be set by SNZ and shall be published no later than 31st July of each year.
- 2.4 Where the New Zealand Open Championships and the New Zealand Summer Championships are being used as a qualification meet for major competitions, the schedule of events listed in these rules may be altered to ensure appropriate qualifying opportunities for that major competition. Such alteration shall be at the discretion of and by prior approval of the SNZ Board and shall be notified with the publications of conditions and criteria in 2.3 above.
- 2.5 The qualifying period for New Zealand Open Championships starts on the first day of the preceding year's New Zealand Age Group Championships. The qualifying period for all other New Zealand Competitions starts on the first day of the preceding year's equivalent competition. The swimmers declared entry time shall be the fastest official time swum in the qualifying period.
- 2.6 Entries close at 12 midnight on the date specified by SNZ. Late entries will not be accepted.

- 2.7 A competitor at New Zealand Competitions shall be a financial member of SNZ or an invited visitor and must have achieved the qualifying time in all individual events entered. Only swimmers who have met at least one required individual qualifying standard in the respective competition may be entered in relay events.
- 2.8 Regions must submit entries for SNZ members. No club entries are permitted. All entries must include swimmer details and proof of times. All relay entries must include the swimmers' names whose times were used to produce the entry time. Individual entry times may be verified against the SNZ Results database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- 2.9 New Zealand competitions shall utilise all 8 or 10 lanes depending on the venue. Heats, preliminary-finals, semi-finals, finals and timed-finals will use all available lanes.
- 2.10 Over-the-top starts for heats will generally apply for all New Zealand competitions. Over the top starts may not apply at the discretion of and subject to prior approval of SNZ. The pool will be cleared before preliminary-final, semi-final, final and timed-final starts.
- 2.11 Where championship titles are awarded by age, the age of a competitor shall be as at the first day of competition.
- 2.12 Time-trials shall not be permitted for individual events at New Zealand competitions. Time-trials for relay events may be undertaken with prior approval of the SNZ Board.
- 2.13 The names of swimmers' in each relay team, and their order of swimming, shall be advised to control at least 30 minutes before the start of the session in which the event shall be swum. The composition of the relay team may be changed from heats to finals and from that submitted at the time of submission of entries.

Please refer to the latest SNZ regulations for the seeding for each of the SNZ Competitions.

The information in this booklet will become the SNZ National Competition Fliers and will be posted on the website individually under Competitions. Any additional meet entry conditions or criteria will be added to the booklet and Fliers as it comes to hand along with the Meet Information.

4 January 2011

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 15th January 2011.
- The New Zealand Open Water Championships shall be swum by male and female and will consist of an Open 10km timed-final on the 15th January and an Open 5km timed-final on the 16th January.
- Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders in both distances for male and female in the age categories 13-15 years, 16-17 years and Open.
- There is no limit on international visitor entries for this competition.
- Medals shall be awarded for the 1st, 2nd and 3rd Visitors in both distances for male and female in the age categories 13-15 years, 16-17 years and Open.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- If races are abandoned due to conditions, the 10km event shall have precedence over the 5km event.
- The 5km event may be rescheduled to a later start time, and/or date.

There are no qualifying times for the 2011 New Zealand Open Water Championships.

Saturday 15th January 2011 – 10km

Sunday 16th January 2011 – 5km

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on MONDAY 3rd JANUARY 2011**. Late entries will NOT be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file or on the enrolment form from the SNZ website. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer
- Entry fee summary

Entry fees is \$20.00 per events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012. **Fees to be paid no later than one week after the conclusion of the event.**

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **TUESDAY 4th JANUARY 2011**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT WEDNESDAY 5th JANUARY 2011**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **THURSDAY 6th JANUARY 2010**.

08 October 2010

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 19th February 2011.
- The qualifying period is from 20th February 2010 to 6th February 2011.
- The age groups to be swum for both male and female are 10 years and under, 11 years and 12 years.
- Relays will be regional and swum as 12 years and under.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 meter times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All events shall be swum as timed-finals in age groups.
- SNZ Regulation 2.10 regarding over the top starts in timed-finals may not apply at the discretion of, and subject to prior approval of SNZ.
- All entries must include swimmer details and proof of times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met at least one required individual qualifying standard may be entered in relay events.
- No international visitor entries allowed.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on MONDAY 7th FEBRUARY 2011**. Late entries will NOT be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time.
- Entry fee summary.
- Relay names report.
- Regional Coaches and Managers Form.

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012

PSYCH SHEETS

NORTH, CENTRAL/SOUTH VENUE PSYCH SHEETS will be posted on the Swimming New Zealand website on **TUESDAY 8th FEBRUARY 2011**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT THURSDAY 10th FEBRUARY 2011**.

FINAL NATIONAL AND NORTH, CENTRAL/SOUTH VENUE PSYCH SHEETS will be posted on the Swimming New Zealand website on **FRIDAY 11th FEBRUARY 2011**.

08 October 2010

50m Qualifying Times

Male				Female			
10 & U	11 yr	12 yr	12 & U	10 & U	11 yr	12 yr	12 & U
FREESTYLE							
36.75	34.00	32.20		50	36.80	34.00	32.20
1:20.50	1:14.00	1:10.00		100	1:20.00	1:14.00	1:10.00
2:56.20	2:42.00	2:33.00		200	2:56.20	2:42.00	2:33.00
			5:25.00	400			5:21.49
BACKSTROKE							
42.50	39.60	37.30		50	42.30	39.60	37.70
1:31.60	1:25.31	1:19.99		100	1:31.00	1:25.50	1:20.70
3:15.00	3:02.50	2:50.75		200	3:16.60	3:03.43	2:53.09
BREASTSTROKE							
47.65	44.15	41.20		50	47.88	44.25	41.80
1:43.58	1:35.97	1:29.99		100	1:43.65	1:35.89	1:30.57
3:43.84	3:27.40	3:14.70		200	3:45.53	3:26.24	3:15.45
BUTTERFLY							
40.60	38.27	35.72		50	41.46	38.60	36.00
1:32.20	1:26.05	1:19.00		100	1:35.72	1:27.39	1:20.75
			2:53.83	200			2:55.08
MEDLEY							
3:20.00	3:06.00	2:54.00		200	3:20.45	3:06.00	2:54.00
			6:18.00	400			6:10.04

08 October 2010

Warm-up times, Session start times and Order of Events

Day 1 – Sat 19 th February – Session 1				Day 1 - Sat 19 th February - Session 2				Day 2 - Sun 20 th February – Session 3			
Auckland		Warm up 7.00 – 8.00am	Start 8.15am	Auckland		Warm up 3.00 – 4.00pm	Start 4.15pm	Auckland		Warm up 7.00 – 8.00am	Start 8.15am
Wellington		Warm up 7.15 – 8.15am	Start 8.30am	Wellington		Warm up 3.15 – 4.15pm	Start 4.30pm	Wellington		Warm up 7.15 – 8.15am	Start 8.30am
1	400m IM	W 12 years & Under		29	200m Free	W 10 years & Under		55	50m Back	W 10 years & Under	
2		M 12 years & Under		30		M 10 years & Under		56		M 10 years & Under	
3	50m Breast	W 10 years & Under		31		W 11 years		57		W 11 years	
4		M 10 years & Under		32		M 11 years		58		M 11 years	
5		W 11 years		33		W 12 years		59		W 12 years	
6		M 11 years		34		M 12 years		60		M 12 years	
7		W 12 years		35	50m Fly	W 10 years & Under		61	400m Free	W 12 years & Under	
8		M 12 years		36		M 10 years & Under		62		M 12 years & Under	
9	100m Fly	W 10 years & Under		37		W 11 years		63	200m IM	W 10 years & Under	
10		M 10 years & Under		38		M 11 years		64		M 10 years & Under	
11		W 11 years		39		W 12 years		65		W 11 years	
12		M 11 years		40		M 12 years		66		M 11 years	
13		W 12 years		41	200m Breast	W 10 years & Under		67		W 12 years	
14		M 12 years		42		M 10 years & Under		68		M 12 years	
15	200m Back	W 10 years & Under		43		W 11 years		69	50m Free	W 10 years & Under	
16		M 10 years & Under		44		M 11 years		70		M 10 years & Under	
17		W 11 years		45		W 12 years		71		W 11 years	
18		M 11 years		46		M 12 years		72		M 11 years	
19		W 12 years		47	100m Back	W 10 years & Under		73		W 12 years	
20		M 12 years		48		M 10 years & Under		74		M 12 years	
21	100m Free	W 10 years & Under		49		W 11 years		75	200m Fly	W 12 years & Under	
22		M 10 years & Under		50		M 11 years		76		M 12 years & Under	
23		W 11 years		51		W 12 years		77	100m Breast	W 10 years & Under	
24		M 11 years		52		M 12 years		78		M 10 years & Under	
25		W 12 years		53	4 x 50m Med Relay	W 12 years & Under		79		W 11 years	
26		M 12 years		54		M 12 years & Under		80		M 11 years	
27	4 x 50m Free Relay	W 12 years & Under						81		W 12 years	
28		M 12 years & Under						82		M 12 years	

13 August 2010

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 1st March 2011.
- The qualifying period is from 2nd March 2010 to 13th February 2011.
- The age groups to be swum for both male and female are 13 years, 14 years, 15 years, 16 years and 17-18 years combined.
- Relay events shall be swum as 15 and under and 16 and over. In any relay event swimmers 15 and under may swim in either their correct age group or 16 and over.
- Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 metre times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met at least one required individual qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- The 2011 New Zealand Age Group Championships will be streamed live on the internet thanks to the Perry Foundation. There will also be on demand viewing available for the 12 months following the championships. To view the stream go to: www.r2.co.nz/20110301.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 17th FEBRUARY 2011**. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hvy file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **FRIDAY 18th FEBRUARY 2011**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT TUESDAY 22nd FEBRUARY 2011**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **WEDNESDAY 23rd FEBRUARY 2011**.

13 August 2010

50m Qualifying Times

Male					Female					
13 yr	14 yr	15 yr	16 yr	17-18 yr	13 yr	14 yr	15 yr	16 yr	17-18 yr	
FREESTYLE										
28.84	27.70	27.10	26.80	26.30	50	30.25	29.92	29.60	29.50	29.20
1:03.70	1:01.00	59.00	58.50	57.50	100	1:05.50	1:04.75	1:04.50	1:04.00	1:04.00
2:18.50	2:12.00	2:09.50	2:09.00	2:07.00	200	2:24.00	2:22.00	2:19.80	2:19.25	2:19.00
4:52.00	4:40.50	4:37.00	4:35.00	4:33.00	400	4:58.00	4:54.00	4:52.00	4:50.00	4:48.00
					800	10:15.00	10:05.00	10:00.00	9:55.00	9:50.00
19:15.00	18:33.00	18:00.00	17:55.00	17:45.00	1500					
BACKSTROKE										
33.36	31.90	31.10	31.05	30.78	50	34.50	34.10	33.90	33.80	33.70
1:11.11	1:08.31	1:06.81	1:06.37	1:05.73	100	1:14.25	1:13.16	1:12.57	1:12.17	1:11.87
2:33.00	2:28.64	2:25.38	2:24.42	2:22.76	200	2:39.25	2:36.00	2:35.65	2:34.80	2:34.15
BREASTSTROKE										
36.80	35.35	34.58	34.35	34.08	50	38.46	37.89	37.59	37.38	37.23
1:19.99	1:16.84	1:15.16	1:14.67	1:13.80	100	1:23.31	1:22.40	1:21.92	1:21.47	1:20.98
2:52.88	2:46.31	2:44.44	2:42.65	2:41.68	200	2:59.06	2:56.43	2:55.01	2:54.05	2:53.32
BUTTERFLY										
31.31	30.08	29.42	29.22	28.80	50	32.44	31.98	31.80	31.61	31.51
1:08.49	1:06.03	1:04.83	1:04.66	1:03.19	100	1:12.69	1:11.67	1:11.12	1:10.93	1:10.80
2:36.75	2:30.46	2:26.71	2:25.88	2:24.97	200	2:43.29	2:39.63	2:36.39	2:35.49	2:35.00
MEDLEY										
2:37.00	2:30.00	2:27.00	2:25.00	2:24.00	200	2:41.00	2:38.50	2:38.20	2:38.00	2:37.50
5:33.50	5:20.00	5:14.38	5:12.31	5:08.71	400	5:42.46	5:37.43	5:34.71	5:32.88	5:31.49

13 August 2010

Warm-up times, Session start times and Order of Events

Day 1 - Tues 1 st March			Day 2 - Wed 2 nd March			Day 3 - Thurs 3 rd March			Day 4 - Fri 4 th March			Day 5 - Sat 5 th March		
Session 1 - Heats			Session 3 - Heats			Session 5 - Heats			Session 7 - Heats			Session 9 - Heats		
Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am		
1	400m Free	W 13-18 years	11	400m IM	W 13-18 years	21	200m Free	W 13-18 years	31	800m Free (TF)	W 13-18 years	42	1500m Free (TF)	M 13-18 years
2	200m IM	M 13-18 years	12	400m Free	M 13-18 years	22	400m IM	M 13-18 years	32	200m Free	M 13-18 years	43	200m Fly	W 13-18 years
3	50m Breast	W 13-18 years	13	50m Fly	W 13-18 years	23	100m Back	W 13-18 years	33	100m Breast	W 13-18 years	44	100m Breast	M 13-18 years
4	50m Back	M 13-18 years	14	50m Breast	M 13-18 years	24	50m Fly	M 13-18 years	34	100m Back	M 13-18 years	45	50m Free	W 13-18 years
5	200m Back	W 13-18 years	15	100m Free	W 13-18 years	25	200m Breast	W 13-18 years	35	50m Back	W 13-18 years	46	50m Free	M 13-18 years
6	200m Fly	M 13-18 years	16	200m Back	M 13-18 years	26	100m Free	M 13-18 years	36	200m Breast	M 13-18 years	47	200m IM	W 13-18 years
									37	100m Fly	W 13-18 years	48	100m Fly	M 13-18 years

Session 2 - Finals			Session 4 - Finals			Session 6 - Finals			Session 8 - Finals			Session 10 - Finals		
Warm-up 4.15 - 5.30pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm		
1	400m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	11	400m IM	W 13 years W 14 years W 15 years W 16 years W 17-18 years	21	200m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	31	800m Free	W Fastest TF M 13 years M 14 years M 15 years M 16 years M 17-18 years	42	1500m Free	M Fastest TF W 13 years W 14 years W 15 years W 16 years W 17-18 years
2	200m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years	12	400m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	22	400m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years	33	100m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	44	100m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years
3	50m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	13	50m Fly	W 13 years W 14 years W 15 years W 16 years W 17-18 years	23	100m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	34	100m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	45	50m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years
4	50m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	14	50m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	24	50m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	35	50m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	46	50m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years
5	200m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	15	100m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	25	200m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	36	200m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	47	200m IM	W 13 years W 14 years W 15 years W 16 years W 17-18 years
6	200m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	16	200m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	26	100m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	37	100m Fly	W 13 years W 14 years W 15 years W 16 years W 17-18 years	48	100m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years
7	4x50m Free C Relay	M 15 & Under	17	4x50m Free R Relay	W 15 & Under	27	4x50m Med C Relay	W 15 & Under	38	4x50m Med R Relay	M 15 & Under			
8	4x50m Free C Relay	W 15 & Under	18	4x50m Free R Relay	M 15 & Under	28	4x50m Med C Relay	M 15 & Under	39	4x50m Med R Relay	W 15 & Under			
9	4x50m Free C Relay	M 16 & Over	19	4x50m Free R Relay	W 16 & Over	29	4x50m Med C Relay	W 16 & Over	40	4x50m Med R Relay	M 16 & Over			
10	4x50m Free C Relay	W 16 & Over	20	4x50m Free R Relay	M 16 & Over	30	4x50m Med C Relay	M 16 & Over	41	4x50m Med R Relay	W 16 & Over			

C Relay = Club Relay
R Relay = Regional Relay

Relay heats will be held if entries exceed 10

13 August 2010

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 16th March 2011.
- The qualifying period is from 17th March 2010 to 27th February 2011.
- The 2010 Division II Competition will be swum as Short Course (25m).
- The age groups to be swum for both male and female are 13 years, 14 years, 15 years and 16-18 years.
- Relays will be regional and club and swum as 14 & under and 15 & over. In any relay event, swimmers 14 & under may swim in either their correct age group or 15 & over.
- Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.
- Ribbons will be presented to the 1st, 2nd and 3rd New Zealanders in all events.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 25 metre times. Qualifying times swum in pools other than 25m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- Any swimmer who qualifies for either the 2011 NZ Open Championships or the 2011 NZ Age Group Championships is ineligible to enter the 2011 Division II Competition.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 3rd MARCH 2011**. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file.

Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **FRIDAY 4th MARCH 2011**.

Corrections to psych sheets are to be sent to events@swimmingnz.org.nz by **MIDNIGHT TUESDAY 8th MARCH 2011**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **WEDNESDAY 9th MARCH 2011**.

13 August 2010

25m Qualifying Times

Male				Female				
13 yr	14 yr	15 yr	16-18 yrs	13 yr	14 yr	15 yr	16-18 yrs	
FREESTYLE								
29.80	28.60	28.40	27.90	50	31.20	31.00	30.90	30.85
1:04.90	1:03.00	1:02.80	1:00.70	100	1:08.20	1:07.95	1:07.90	1:06.85
2:23.00	2:19.00	2:17.50	2:13.00	200	2:29.00	2:27.00	2:26.55	2:24.30
5:00.35	4:50.00	4:48.90	4:42.15	400	5:15.00	5:09.00	5:07.00	5:04.70
				800	10:55.00	10:42.00	10:38.35	10:37.00
19:57.70	19:35.00	19:24.50	18:58.90	1500				
BACKSTROKE								
34.35	33.27	33.05	32.35	50	36.20	35.99	35.85	35.43
1:13.90	1:12.56	1:12.41	1:10.46	100	1:18.07	1:17.18	1:16.87	1:15.97
2:41.33	2:36.26	2:35.24	2:32.45	200	2:48.84	2:45.93	2:45.26	2:43.33
BREASTSTROKE								
38.89	37.67	37.42	36.74	50	40.70	40.36	40.20	39.50
1:24.66	1:22.00	1:21.46	1:20.00	100	1:28.38	1:27.94	1:27.86	1:25.79
3:03.61	2:57.47	2:56.30	2:53.13	200	3:11.53	3:10.55	3:09.59	3:04.34
BUTTERFLY								
34.61	33.09	32.89	32.54	50	35.04	34.57	34.49	34.37
1:17.05	1:13.50	1:13.43	1:12.53	100	1:18.89	1:18.46	1:18.05	1:17.04
2:50.35	2:48.17	2:46.84	2:45.73	200	2:55.22	2:53.61	2:52.98	2:52.51
MEDLEY								
1:16.72	1:14.07	1:13.86	1:13.79	100	1:20.00	1:19.50	1:19.00	1:18.00
2:46.00	2:41.00	2:40.00	2:37.54	200	2:52.00	2:49.00	2:48.00	2:47.15
5:55.60	5:45.42	5:44.10	5:39.04	400	6:08.38	6:05.58	6:03.47	5:59.38

13 August 2010

Warm-up Times, Session Start Times and Order of Events

Day 1 - Wed 16 th March			Day 2 - Thurs 17 th March			Day 3 - Fri 18 th March			Day 4 - Sat 19 th March		
Session 1 - Heats			Session 3 - Heats			Session 5 - Heats			Session 7 - Heats		
Warm-up 7.30 - 8.45am Start 9am			Warm-up 7.30 - 8.45am Start 9am			Warm-up 7.30 - 8.45am Start 9am			Warm-up 7.30 - 8.45am Start 9am		
1	200m Back	M 13-18 years	14	200m IM	M 13-18 years	26	800m Free (TF)	W 13-18 years	39	1500m Free (TF)	M 13-18 years
2	200m Back	W 13-18 years	15	200m IM	W 13-18 years	27	200m Fly	M 13-18 years	40	100m Fly	W 13-18 years
3	100m Breast	M 13-18 years	16	100m Back	M 13-18 years	28	200m Fly	W 13-18 years	41	200m Breast	M 13-18 years
4	100m Breast	W 13-18 years	17	100m Back	W 13-18 years	29	100m Free	M 13-18 years	42	200m Breast	W 13-18 years
5	50m Fly	M 13-18 years	18	50m Breast	M 13-18 years	30	100m Free	W 13-18 years	43	100m Fly	M 13-18 years
6	50m Fly	W 13-18 years	19	50m Breast	W 13-18 years	31	50m Back	M 13-18 years	44	50m Free	W 13-18 years
7	400m Free (TF)	M 13-18 years	20	200m Free	M 13-18 years	32	50m Back	W 13-18 years	45	50m Free	M 13-18 years
8	400m Free (TF)	W 13-18 years	21	200m Free	W 13-18 years	33	400m IM (TF)	M 13-18 years	46	400m IM (TF)	W 13-18 years
9	100m IM	M 13-18 years				34	100m IM	W 13-18 years			
Session 2 - Finals			Session 4 - Finals			Session 6 - Finals			Session 8 - Finals		
Warm-up 4.30 - 5.30pm Start 6pm			Warm-up 4.30 - 5.45pm Start 6pm			Warm-up 4.30 - 5.45pm Start 6pm			Warm-up 4.30 - 5.45pm Start 6pm		
1	200m Back	M 13 years M 14 years M 15 years M 16-18 years	14	200m IM	M 13 years M 14 years M 15 years M 16-18 years	26	800m Free (Timed Finals)	W 13 years W 14 years W 15 years W 16-18 years	39	1500m Free (Timed Finals)	M 13 years M 14 years M 15 years M 16-18 years
2	200m Back	W 13 years W 14 years W 15 years W 16-18 years	15	200m IM	W 13 years W 14 years W 15 years W 16-18 years	27	200m Fly	M 13 years M 14 years M 15 years M 16-18 years	40	100m Fly	W 13 years W 14 years W 15 years W 16-18 years
3	100m Breast	M 13 years M 14 years M 15 years M 16-18 years	16	100m Back	M 13 years M 14 years M 15 years M 16-18 years	28	200m Fly	W 13 years W 14 years W 15 years W 16-18 years	41	200m Breast	M 13 years M 14 years M 15 years M 16-18 years
4	100m Breast	W 13 years W 14 years W 15 years W 16-18 years	17	100m Back	W 13 years W 14 years W 15 years W 16-18 years	29	100m Free	M 13 years M 14 years M 15 years M 16-18 years	42	200m Breast	W 13 years W 14 years W 15 years W 16-18 years
5	50m Fly	M 13 years M 14 years M 15 years M 16-18 years	18	50m Breast	M 13 years M 14 years M 15 years M 16-18 years	30	100m Free	W 13 years W 14 years W 15 years W 16-18 years	43	100m Fly	M 13 years M 14 years M 15 years M 16-18 years
6	50m Fly	W 13 years W 14 years W 15 years W 16-18 years	19	50m Breast	W 13 years W 14 years W 15 years W 16-18 years	31	50m Back	M 13 years M 14 years M 15 years M 16-18 years	44	50m Free	W 13 years W 14 years W 15 years W 16-18 years
7	400m Free (Timed Finals)	M 13 years M 14 years M 15 years M 16-18 years	20	200m Free	M 13 years M 14 years M 15 years M 16-18 years	32	50m Back	W 13 years W 14 years W 15 years W 16-18 years	45	50m Free	M 13 years M 14 years M 15 years M 16-18 years
8	400m Free (Timed Finals)	W 13 years W 14 years W 15 years W 16-18 years	21	200m Free	W 13 years W 14 years W 15 years W 16-18 years	33	400m IM (Timed Finals)	M 13 years M 14 years M 15 years M 16-18 years	46	400m IM (Timed Finals)	W 13 years W 14 years W 15 years W 16-18 years
9	100 IM	M 13 years M 14 years M 15 years M 16-18 years	22	4x50m Free Reg	M 14 & Under	34	100 IM	W 13 years W 14 years W 15 years W 16-18 years	47	4 x 50m Med Reg	M 14 & Under
			23	4x50m Free Reg	W 14 & Under				48	4 x 50m Med Reg	M 14 & Under
			24	4x50m Free Reg	M 15 & Over				49	4 x 50m Med Reg	M 15 & Over
			25	4x50m Free Reg	W 15 & Over				50	4 x 50m Med Reg	M 15 & Over
10	4x50m Free Club	W 14 & Under				35	4x50m Med Club	M W 14 & Under			
11	4x50m Free Club	M 14 & Under				36	4x50m Med Club	W M 14 & Under			
12	4x50m Free Club	W 15 & Over				37	4x50m Med Club	M M 15 & Over			
13	4x50m Free Club	M 15 & Over				38	4x50m Med Club	W W 15 & Over			

13 August 2010

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 3rd April 2011.
- The qualifying period is from 2nd March 2010 to 20th March 2011.
- Relays will be swum as open timed finals with all timed-finals being swum in the finals session.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 meter times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events except AWD swimmers who may enter two (2) unqualified swims.
- All entries must include swimmer details and proof of times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- For 50m, 100m, 200m, 400m, 800m and 1500m events, there will be A and B Finals. B Finals will be swum when there are 20 or more swimmers that competed in the heats. The Open Championship placings will be determined from the A final.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 24th MARCH 2011**. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **FRIDAY 25th MARCH 2011**.

Corrections and changes to psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT TUESDAY 29th MARCH 2011**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **WEDNESDAY 30th March 2011**.

13 August 2010

50m Qualifying Times

Male		Female
FREESTYLE		
25.48	50	28.71
55.50	100	1:01.80
2:00.00	200	2:13.00
4:19.00	400	4:40.00
9:04.65	800	9:40.00
17:20.00	1500	18:34.40
BACKSTROKE		
29.00	50	32.90
1:02.83	100	1:10.00
2:16.71	200	2:30.55
BREASTSTROKE		
32.51	50	36.36
1:10.68	100	1:18.71
2:32.75	200	2:49.28
BUTTERFLY		
27.66	50	30.66
1:00.51	100	1:07.84
2:14.95	200	2:29.00
INDIVIDUAL MEDLEY		
2:16.50	200	2:33.00
4:55.00	400	5:23.75

13 August 2010

AWD Qualifying Times

Male

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY	CLASS	50BR	100BR	CLASS	150IM	200IM
S13	29.11	1:04.15	-	5:12.52	-	1:15.17	-	1:11.85	SB13	-	1:21.69	SM13	-	2:42.59
S12	29.58	1:04.40	-	5:07.62	-	1:13.60	-	1:11.73	SB12	-	1:22.79	SM12	-	2:38.93
S11	31.74	1:11.72	-	5:35.88	-	1:22.29	-	1:17.50	SB11	-	1:28.57	SM11	-	2:59.93
S10	29.23	1:04.28	-	4:58.95	-	1:14.55	-	1:10.41				SM10	-	2:39.55
S9	30.35	1:07.34	-	5:08.57	-	1:15.39	-	1:11.27	SB9	-	1:23.18	SM9	-	2:46.24
S8	32.23	1:09.96	-	5:24.12	-	1:22.07	-	1:12.95	SB8	-	1:27.07	SM8	-	2:57.50
S7	34.16	1:15.52	-	5:55.06	-	1:28.90	38.50	-	SB7	-	1:39.60	SM7	-	3:21.68
S6	36.40	1:21.37	-	6:19.44	-	1:31.35	38.38	-	SB6	-	1:46.66	SM6	-	3:19.72
S5	39.79	1:28.38	3:08.37	-	45.98	-	43.95	-	SB5	-	1:52.43	SM5	-	3:35.29
S4	46.16	1:41.63	3:38.84	-	57.36	-	56.85	-	SB4	-	2:00.51	SM4	3:10.78	-
S3	54.24	1:59.84	4:06.40	-	1:04.63	-	-	-	SB3	1:00.51	-	SM3	3:47.65	-

Female

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY	CLASS	50BR	100BR	CLASS	150IM	200IM
S13	33.06	1:11.46	-	5:29.01	-	1:24.17	-	1:19.35	SB13	-	1:39.25	SM13	-	2:57.00
S12	33.60	1:13.49	-	5:54.73	-	1:27.49	-	1:21.64	SB12	-	1:34.29	SM12	-	3:03.23
S11	38.17	1:24.27	-	6:54.30	-	1:43.86	-	-	SB11	-	1:58.56	SM11	-	3:48.31
S10	34.28	1:13.40	-	5:31.31	-	1:27.46	-	1:23.62				SM10	-	3:10.19
S9	35.23	1:15.75	-	5:37.43	-	1:24.51	-	1:24.16	SB9	-	1:40.67	SM9	-	3:10.07
S8	38.11	1:21.29	-	5:52.38	-	1:34.80	-	1:29.30	SB8	-	1:41.00	SM8	-	3:25.29
S7	40.22	1:25.47	-	6:27.88	-	1:42.32	45.63	-	SB7	-	1:53.24	SM7	-	3:42.85
S6	44.12	1:34.09	-	6:53.44	-	1:47.34	48.36	-	SB6	-	2:01.98	SM6	-	3:51.44
S5	43.75	1:34.97	3:24.45	-	53.02	-	58.78	-	SB5	-	2:13.19	SM5	-	4:45.93
S4	1:02.61	2:16.74	4:41.74	-	1:12.73	-	-	-	SB4	-	2:20.07	SM4	4:07.65	-
S3	1:11.94	2:38.41	5:41.88	-	1:16.31	-	-	-	SB3	1:18.79	-	SM3	4:54.50	-

Note: AWD Events will be added to the Open Championships schedule of events on the flyer on the SNZ website shortly.

13 August 2010

Warm-up times, Session start times and Order of Events

Day 1 – Sun 3 rd April			Day 2 – Mon 4 th April			Day 3 – Tues 5 th April			Day 4 – Wed 6 th April			Day 5 – Thurs 7 th April			Day 6 – Fri 8 th April		
Session 1 - Heats			Session 3 - Heats			Session 5 - Heats			Session 7 - Heats			Session 9 - Heats			Session 11 – Heats		
Warm-up 8.00 – 9.45am Start 10am			Warm-up 8.00 – 9.45am Start 10am			Warm-up 8.00 – 9.45am Start 10am			Warm-up 8.00 – 9.45am Start 10am			Warm-up 8.00 – 9.45am Start 10am			Warm-up 8.00 – 9.45am Start 10am		
1	100m Fly	W	9	100m Back	W	14	50m Breast	M	20	50m Breast	W	28	100m Free	W	34	50m Free	M
2	400m Free	M	10	200m Free	M	15	200m Fly	M	21	50m Back	M	29	200m Back	M	35	50m Fly	W
3	200m IM	W	11	100m Breast	W	16	200m Free	W	22	50m Back	W	30	200m Breast	W	36	100m Fly	M
4	50m Fly	M	12	100m Back	M	17	800m Free – TF	M	23	100m Free	M	31	200m Breast	M	37	200m Back	W
5	400m Free	W	13	1500m Free - TF	W				24	200m Fly	W	32	1500m Free	M	38	400m IM	W
6	100m Breast	M							25	200m IM	M				39	400m IM	M
									26	50m Free	W						
									27	800m Free	W						

Session 2 - Finals			Session 4 - Finals			Session 6 - Finals			Session 8 - Finals			Session 10 - Finals			Session 12 – Finals		
Warm-up 4.00-5.30pm Start 6pm			Warm-up 4.00-5.45pm Start 6pm			Warm-up 4.00-5.45pm Start 6pm			Warm-up 4.00-5.45pm Start 6pm			Warm-up 4.00-5.45pm Start 6pm			Warm-up 4.00-5.45pm Start 6pm		
1	100m Fly	W	9	100m Back	W	14	50m Breast	M	20	50m Breast	W	27	800m Free	W	32	1500m Free	M
2	400m Free	M	10	200m Free	M	15	200m Fly	M	21	50m Back	M	28	100m Free	W	34	50m Free	M
3	200m IM	W	11	100m Breast	W	16	200m Free	W	22	50m Back	W	29	200m Back	M	35	50m Fly	W
4	50m Fly	M	12	100m Back	M	17	800m Free – Fastest TF	M	23	100m Free	M	30	200m Breast	W	36	100m Fly	M
5	400m Free	W	13	1500m Free – Fastest TF	W	18	4 x 100m Medley Club Relay – TF	W	24	200m Fly	W	31	200m Breast	M	37	200m Back	W
6	100m Breast	M				19	4 x 100m Medley Club Relay – TF	M	25	200m IM	M	33	4 x 200 Free Club Relay – TF	W	38	400m IM	W
7	4 x 100m Free Club Relay – TF	W							26	50m Free	W				39	400m IM	M
8	4 x 100m Free Club Relay – TF	M													40	4 x 200m Free Club Relay – TF	M

Note: AWD Events will be added to the Open Championships schedule of events on the flyer on the SNZ website shortly.

13 August 2010

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- The New Zealand 5km Pool Championships shall be swum by male and female and will consist of an Open 5km timed-final.
- Medals will be awarded for the 1st, 2nd and 3rd New Zealanders for male and female in the age categories 13-15 years, 16-17 years and Open.
- There is no limit on international visitor entries for this competition.
- Medals will be awarded for male and female visitors in the age categories 13-15 years, 16-17 years and Open.
- All participants must agree to comply with the Sports Anti-Doping Rules.

NOTE: More information on the New Zealand 5km Pool Championships will be published when dates and venues are confirmed.

There are no qualifying times for the 2011 New Zealand 5km Pool Championships.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include:

- Entries by swimmer
- Entry fee summary
- Regional Coaches and Managers Form

Entry fee is \$15.00 per event. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.



CONVERSION TABLES

13 August 2010

For the purposes of all National Meets, pools of length 36 2/3 yards will be treated as if they were 33 1/3 metres and pools of length 55 yards will be treated as if they were of length 50 metres.

If a conversion does not exist then another pool of suitable length must be used for that event.

Conversion from 33 1/3 metres or 36 2/3 yards times to 50 metre times.

Freestyle	100m	add	0.85 secs
	200m		1.70 secs
	400m		3.40 secs
	800m		6.80 secs
	1500m		12.75 secs
Backstroke	100m	add	0.85 secs
	200m		1.70 secs
Breaststroke	100m	add	1.00 secs
	200m		2.00 secs
Butterfly	100m	add	0.70 secs
	200m		1.40 secs
Medley	400m	add	3.40 secs

Conversion from 55 yards time to 50 metre time.

No conversion – just use same time

Note: That only the preceding conversions may be used for National Meets

Conversion from 25 metre times to 50 metre times.

Freestyle	50m	add	0.85 secs
	100m		1.70 secs
	200m		3.40 secs
	400m		6.80 secs
	800m		13.60 secs
	1500m		25.50 secs
Backstroke	50m	add	0.85 secs
	100m		1.70 secs
	200m		3.40 secs
Breaststroke	50m	add	1.00 secs
	100m		2.00 secs
	200m		4.00 secs
Butterfly	50m	add	0.70 secs
	100m		1.40 secs
	200m		2.80 secs
Medley	200m	add	3.40 secs
	400m		6.80 secs