

31 July 2009

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 16th January 2010.
- The New Zealand Open Water Championships shall be swum by male and female and will consist of an Open 10km timed-final on the 16th January and an Open 5km timed-final on the 17th January.
- Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders in both distances for male and female in the age categories 13-15 years, 16-17 years and Open.
- There is no limit on international visitor entries for this competition.
- Medals shall be awarded for the 1st, 2nd and 3rd Visitors in both distances for male and female in the age categories 13-15 years, 16-17 years and Open.
- All participants must agree to comply with the Sports Anti-Doping Rules.

There are no qualifying times for the 2010 New Zealand Open Water Championships.

Saturday 16th January 2010 – 10km

Sunday 17th January 2010 – 5km

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on MONDAY 4th JANUARY 2010**. Late entries will NOT be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hvy file or on the enrolment form from the SNZ website. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format

Entry fees is \$20.00 per events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **TUESDAY 5th JANUARY 2010**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT WEDNESDAY 6th JANUARY 2010**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **THURSDAY 7th JANUARY 2010**.