

31 July 2008

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 31st January 2009.
- The qualifying period is from 6th February 2008 to 18th January 2009.
- The New Zealand Open Water Championships shall be swum by male and female and will consist of an Open 10km timed-final on the 31st January and an Open 5km timed-final on the 1st February.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- Medals will be awarded for both distances for male and female in the age categories 13-15 years, 16-17 years and Open.
- The qualifying times shown are 800/1500 Short Course or Long Course freestyle times; or 5000m Short Course, Long Course pool freestyle or open water freestyle times. The qualifying times for the 5km and 10km qualifying times are the same.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period.
- There is no limit on international visitor entries for this competition.
- Medals will be awarded for both distances for male and female visitors in the age categories 13-15 years, 16-17 years and Open.
- All participants must agree to comply with the Sports Anti-Doping Rules.

Qualifying times for both the 5km and 10km events

800m/1500m Pool Freestyle Qualifying Times

Male		Female		
1500m		800m		
25m	50m	25m	50m	
18:39.30	19:00.00	13-15	10:03.60	10:10.00
17:35.59	17:55.00	16-17	9:48.16	9:54.50
17:01.19	17:20.00	Open	9:33.89	9:40.00

Pool Freestyle and Open Water

Male		Female	
5000m		5000m	
25m/50m/OW		25m/50m/OW	
1:20:00.00	13-15	1:25:00.00	
1:15:00.00	16-17	1:20:00.00	
1:10:00.00	Open	1:15:00.00	

10km	31 st January	Start time 9.30am
5km	1 st February	Start time 9.30am

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on MONDAY 19th JANUARY 2009**. Late entries will NOT be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hvy file or on the enrolment form from the SNZ website. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format

Entry fees are \$12.50 individual events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **TUESDAY 20th JANUARY 2009**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT WEDNESDAY 21st JANUARY 2009**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **THURSDAY 22nd JANUARY 2009**.