

**FEMALES**

				5000m	
Final				Finish	
Placing	Age	Team	Name	Time	
1	20	SPTSL	Joyce Wiegersma	1:04:18.44	
2	16	NSSAK	Alannah Jury	1:05:56.18	
3	15	HPKCO	Emma Lowther	1:06:03.16	
4	14	CAPWN	Stephanie Bennington	1:06:08.50	
5	19	KWIMW	Bridget Maher	1:06:48.02	
6	16	ASTED	Tessa Opie	1:06:50.30	
7	18	WAQAK	Natasha Simpson	1:07:35.78	
8	14	ASTED	Selina Wilkins	1:07:41.61	
9	15	TPOBP	Sarah Fraser	1:09:11.43	
10	17	ASTED	Alice Sommerville	1:09:14.28	
11	14	FFDWK	Shelby Wilson	1:09:31.83	
12	14	FFDWK	Bianca Bradley	1:11:35.74	
13	17	ASTED	Lydia Parr	1:11:38.02	
14	16	ARSBP	Alex Goddard	1:13:58.02	
15	16	ARSBP	Anna Bradley	1:14:58.59	
16	13	WHKBP	Michelle Keighley	1:15:59.54	

**16-17 Year Olds**

				5000m	
Final				Finish	
Placing	Age	Team	Name	Time	
1	16	NSSAK	Alannah Jury	1:05:56.18	
2	16	ASTED	Tessa Opie	1:06:50.30	
3	17	ASTED	Alice Sommerville	1:09:14.28	
4	17	ASTED	Lydia Parr	1:11:38.02	
5	16	ARSBP	Alex Goddard	1:13:58.02	
6	16	ARSBP	Anna Bradley	1:14:58.59	

**13-15 Year Olds**

				5000m	
Final				Finish	
Placing	Age	Team	Name	Time	
1	15	HPKCO	Emma Lowther	1:06:03.16	
2	14	CAPWN	Stephanie Bennington	1:06:08.50	
3	14	ASTED	Selina Wilkins	1:07:41.61	
4	15	TPOBP	Sarah Fraser	1:09:11.43	
5	14	FFDWK	Shelby Wilson	1:09:31.83	
6	14	FFDWK	Bianca Bradley	1:11:35.74	
7	13	WHKBP	Michelle Keighley	1:15:59.54	

**MALES**

				5000m
Final				Finish
Placing	Age	Team	Name	Time
1	17	AQRBP	Kane Radford	59:18.15
2	17	WHLAK	Phillip Ryan	59:22.50
3	22	WHLAK	Daniel Ryan	59:36.48
4	15	NSSAK	Sam Robinson	1:03:24.32
5	24	AQGCB	Jackson Carmine	1:03:28.03
6	18	WHLAK	Benjamin Miller	1:03:36.82
7	20	HPKCO	Brett Henehan	1:03:37.39
8	16	FFDWK	Jonathan Pullon	1:03:38.04
9	15	WHACB	Henry Norris	1:03:47.67
10	15	CCYAK	Jordan Quintal	1:05:35.32
11	16	CCYAK	Thomas McEwan	1:05:34.89
12	14	TPOBP	Mitchell Nairn	1:05:37.29
13	15	HPKCO	Lance Talbot	1:05:37.78
14	16	FFDWK	Andrew Pullon	1:05:40.67
15	15	ASTED	Matt Anderson	1:05:45.74
16	14	HAMWK	Evan Wilson	1:07:14.08
17	15	ASTED	Chris White	1:07:35.78
18	13	ARSBP	William Griffith	1:08:41.61
19	13	NAQHP	Julian Layton	1:09:11.43
20	13	WAQAK	Sam White	1:10:12.88
21	15	WAQAK	Karl Loomans	1:10:13.68
22	14	HPKCO	Peter Yates	1:14:58.36

**16-17 Year Olds**

				5000m
Final				Finish
Placing	Age	Team	Name	Time
1	17	AQRBP	Kane Radford	59:18.15
2	17	WHLAK	Phillip Ryan	59:22.50
3	16	FFDWK	Jonathan Pullon	1:03:38.04
4	16	CCYAK	Thomas McEwan	1:05:34.89
5	16	FFDWK	Andrew Pullon	1:05:40.67

**13-15 Year Olds**

				Finish
Final				Time
Placing	Age	Team	Name	Time
1	15	NSSAK	Sam Robinson	1:03:24.32
2	15	WHACB	Henry Norris	1:03:47.67
3	15	CCYAK	Jordan Quintal	1:05:35.32
4	14	TPOBP	Mitchell Nairn	1:05:37.29
5	15	HPKCO	Lance Talbot	1:05:37.78
6	15	ASTED	Matt Anderson	1:05:45.74
7	14	HAMWK	Evan Wilson	1:07:14.08
8	15	ASTED	Chris White	1:07:35.78
9	13	ARSBP	William Griffith	1:08:41.61
10	13	NAQHP	Julian Layton	1:09:11.43
11	13	WAQAK	Sam White	1:10:12.88
12	15	WAQAK	Karl Loomans	1:10:13.68
13	14	HPKCO	Peter Yates	1:14:58.36