

Day 1 – Tuesday 4th March 2008

Session 1 – Heats			Session 2 – Finals		
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.30pm Start 6pm		
1	400 Free inc AWD	W	1	400 Free	W 13 years
101			1	400 Free	W 14 years
2	200 IM inc AWD	M	Victory ceremony	1 400 Free	W 13 years
102			1	400 Free	W 15 years
3	50 Breast	W	Victory ceremony	1 400 Free	W 14 years
			1	400 Free	W 16 years
4	50 Back	M	Victory ceremony	1 400 Free	W 15 years
			1	400 Free	W 17-18 years
5	200 Back	W	Victory ceremony	1 400 Free	W 16 years
			101	400 Free AWD	W AWD
6	200 Fly	M	Victory ceremony	1 400 Free	W 17-18 years
			2	200 IM	M 13 years
7	4 x 50m Free Club Relay	W 15 & U	Victory ceremony	101 400 Free AWD	W AWD
			2	200 IM	M 14 years
8	4 x 50m Free Club Relay	M 15 & U	Victory Ceremony	2 200 IM	M 13 years
			2	200 IM	M 15 years
9	4 x 50m Free Club Relay	W 16 & O	Victory ceremony	2 200 IM	M 14 years
			2	200 IM	M 16 years
10	4 x 50m Free Club Relay	M 16 & O	Victory ceremony	2 200 IM	M 15 years
			2	200 IM	M 17-18 years
			Victory ceremony	2 200 IM	M 16 years
			102	200 IM AWD	M AWD
			Victory ceremony	2 200 IM	M 17-18 years
			3	50 Breast	W 13 years
			Victory Ceremony	102 200 IM AWD	M AWD
			3	50 Breast	W 14 years
			Victory ceremony	3 50 Breast	W 13 years
			3	50 Breast	W 15 years
			Victory Ceremony	3 50 Breast	W 14 years
			3	50 Breast	W 16 years
			Victory ceremony	3 50 Breast	W 15 years
			3	50 Breast	W 17-18 years
			Victory ceremony	3 50 Breast	W 16 years
			4	50 Back	M 13 years
			Victory ceremony	3 50 Breast	W 17-18 years
			4	50 Back	M 14 years
			Victory ceremony	4 50 Back	M 13 years
			4	50 Back	M 15 years
			Victory ceremony	4 50 Back	M 14 years
			4	50 Back	M 16 years
			Victory ceremony	4 50 Back	M 15 years
			4	50 Back	M 17-18 years
			Victory ceremony	4 50 Back	M 16 years
			5	200 Back	W 13 years
			Victory ceremony	4 50 Back	M 17-18 years
			5	200 Back	W 14 years
			Victory ceremony	5 200 Back	W 13 years
			5	200 Back	W 15 years
			Victory ceremony	5 200 Back	W 14 years
			5	200 Back	W 16 years
			Victory ceremony	5 200 Back	W 15 years
			5	200 Back	W 17-18 years
			Victory ceremony	5 200 Back	W 16 years
			6	200 Fly	M 13 years
			Victory ceremony	5 200 Back	W 17-18 years
			6	200 Fly	M 14 years
			Victory ceremony	6 200 Fly	M 13 years
			6	200 Fly	M 15 years
			Victory ceremony	6 200 Fly	M 14 years
			6	200 Fly	M 16 years
			Victory ceremony	6 200 Fly	M 15 years
			6	200 Fly	M 17-18 years
			Victory ceremony	6 200 Fly	M 16 years
			Victory ceremony	6 200 Fly	M 17-18 years
			7	4 X 50 Free Relay Club	W 15 & Under
			8	4 X 50 Free Relay Club	M 15 & Under
			9	4 X 50 Free Relay Club	W 16 & Over
			10	4 X 50 Free Relay Club	M 16 & Over

Victory ceremonies for Relay Events 7-10 will be prior to the finals session at 5.40pm on Wednesday 5th March

Day 2 – Wednesday 5th March 2008

Victory ceremonies for Relay Events 7-10 from last night
will be prior to the finals session at 5.40pm tonight.

Session 3 – Heats			Session 4 – Finals		
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm		
11	400 IM	W	11	400 IM	W 13 years
			11	400 IM	W 14 years
12	400 Free incl AWD	M	Victory ceremony	11	400 IM
112			11	400 IM	W 13 years
					W 15 years
13	50 Fly	W	Victory ceremony	11	400 IM
			11	400 IM	W 14 years
					W 16 years
14	50 Breast	M	Victory ceremony	11	400 IM
			11	400 IM	W 16 years
					W 17-18 years
15	100 Free incl AWD	W	Victory ceremony	11	400 IM
115			12	400 Free	W 17-18 years
					M 13 years
16	200 Back	M	Victory ceremony	11	400 IM
			12	400 Free	W 15 years
					M 14 years
117	150 IM AWD	M	Victory ceremony	12	400 Free
			12	400 Free	M 13 years
					M 15 years
18	4 x 50m Free	W	Victory Ceremony	12	400 Free
	Regional Relay	15 & U	12	400 Free	M 14 years
					M 16 years
19	4 x 50m Free	M	Victory Ceremony	12	400 Free
	Regional Relay	15 & U	12	400 Free	M 15 years
					M 17-18 years
20	4 x 50m Free	W	Victory Ceremony	12	400 Free
	Regional Relay	16 & O	112	400 Free AWD	M 16 years
					M AWD
21	4 x 50m Free	M	Victory Ceremony	12	400 Free
	Regional Relay	16 & O	13	50 Fly	M 17-18 years
					W 13 years
			Victory ceremony	112	400 Free AWD
			13	50 Fly	M AWD
					W 14 years
			Victory ceremony	13	50 Fly
			13	50 Fly	W 13 years
					W 15 years
			Victory Ceremony	13	50 Fly
			13	50 Fly	W 14 years
					W 16 years
			Victory Ceremony	13	50 Fly
			13	50 Fly	W 15 years
					W 17-18 years
			Victory Ceremony	13	50 Fly
			14	50 Breast	W 16 years
					M 13 years
			Victory Ceremony	13	50 Fly
			14	50 Breast	W 17-18 years
					M 14 years
			Victory ceremony	14	50 Breast
			14	50 Breast	M 13 years
					M 15 years
			Victory ceremony	14	50 Breast
			14	50 Breast	M 14 years
					M 16 years
			Victory ceremony	14	50 Breast
			14	50 Breast	M 15 years
					M 17-18 years
			Victory ceremony	14	50 Breast
			15	100 Free	M 16 years
					W 13 years
			Victory ceremony	14	50 Breast
			15	100 Free	M 17-18 years
					W 14 years
			Victory ceremony	15	100 Free
			15	100 Free	W 13 years
					W 15 years
			Victory ceremony	15	100 Free
			15	100 Free	W 14 years
					W 16 years
			Victory ceremony	15	100 Free
			15	100 Free	W 15 years
					W 17-18 years
			Victory ceremony	15	100 Free
			115	100 Free AWD	W 16 years
					W AWD
			Victory ceremony	15	100 Free
			16	200 Back	W 17-18 years
					M 13 years
			Victory ceremony	115	100 Free AWD
			16	200 Back	W AWD
					M 14 years
			Victory ceremony	16	200 Back
			16	200 Back	M 13 years
					M 15 years
			Victory ceremony	16	200 Back
			16	200 Back	M 14 years
					M 16 years
			Victory ceremony	16	200 Back
			16	200 Back	M 15 years
					M 17-18 years
			Victory ceremony	16	200 Back
			16	200 Back	M 16 years
					M 17-18 years
			Victory ceremony	16	200 Back
			117	150 IM AWD	M AWD
					M AWD
			Victory ceremony	16	200 Back
					M 17-18 years
			Victory ceremony	117	150 IM
					M AWD
			18	4 X 50 Free Relay Region	W 15 & Under
			19	4 X 50 Free Relay Region	M 15 & Under
			20	4 X 50 Free Relay Region	W 16 & Over
			21	4 X 50 Free Relay Region	M 16 & Over

Victory ceremonies for Relay Events 18
21 will be prior to the finals session at
5.40pm on Thursday 6th March

Day 3 – Thursday 6th March 2008

Victory ceremonies for Relay Events 18-21 from last night
will be prior to the finals session at 5.40pm tonight.

Session 5 – Heats			Session 6 – Finals		
Warm-up 7.15am - 8.45am		Start 9am	Warm-up 4.15pm - 5.45pm		Start 6pm
22	200 Free	W	22	200 Free	W 13 years
			22	200 Free	W 14 years
23	400 IM	M	Victory ceremony	22 200 Free	W 13 years
			22	200 Free	W 15 years
24	100 Back incl AWD	W	Victory ceremony	22 200 Free	W 14 years
124			22	200 Free	W 16 years
25	50 Fly incl AWD	M	Victory ceremony	22 200 Free	W 15 years
125			22	200 Free	W 17-18 years
26	200 Breast	W	Victory ceremony	22 200 Free	W 16 years
			23	400 IM	M 13 years
27	100 Free incl AWD	M	Victory ceremony	22 200 Free	W 17-18 years
127			23	400 IM	M 14 years
29	4 x 50m Medley	W	Victory ceremony	23 400 IM	M 13 years
	Club Relay	15 & U	23	400 IM	M 15 years
30	4 x 50m Medley	M	Victory Ceremony	23 400 IM	M 14 years
	Club Relay	15 & U	23	400 IM	M 16 years
31	4 x 50m Medley	W	Victory ceremony	23 400 IM	M 15 years
	Club Relay	16 & O	23	400 IM	M 17-18 years
32	4 x 50m Medley	M	Victory ceremony	23 400 IM	M 16 years
	Club Relay	16 & O	24	100 Back	M 13 years
			Victory ceremony	23 400 IM	M 17-18 years
			24	100 Back	W 14 years
			Victory ceremony	24 100 Back	W 13 years
			24	100 Back	W 15 years
			Victory ceremony	24 100 Back	W 14 years
			24	100 Back	W 16 years
			Victory Ceremony	24 100 Back	W 15 years
			24	100 Back	W 17-18 years
			Victory Ceremony	24 100 Back	W 16 years
			124	100 Back AWD	W AWD
			Victory Ceremony	24 100 Back	W 17-18 years
			25	50 Fly	M 13 years
			Victory ceremony	124 100 Back	W AWD
			25	50 Fly	M 14 years
			Victory ceremony	25 50 Fly	M 13 years
			25	50 Fly	M 15 years
			Victory ceremony	25 50 Fly	M 14 years
			25	50 Fly	M 16 years
			Victory ceremony	25 50 Fly	M 15 years
			25	50 Fly	M 17-18 years
			Victory ceremony	25 50 Fly	M 16 years
			125	50 Fly AWD	W AWD
			Victory ceremony	25 50 Fly	M 17-18 years
			26	200 Breast	W 13 years
			Victory ceremony	125 50 Fly AWD	M AWD
			26	200 Breast	W 14 years
			Victory ceremony	26 200 Breast	W 13 years
			26	200 Breast	W 15 years
			Victory ceremony	26 200 Breast	W 14 years
			26	200 Breast	W 16 years
			Victory ceremony	26 200 Breast	W 15 years
			26	200 Breast	W 17-18 years
			Victory ceremony	26 200 Breast	W 16 years
			27	100 Free	M 13 years
			Victory ceremony	26 200 Breast	W 17-18 years
			27	100 Free	M 14 years
			Victory ceremony	27 100 Free	M 13 years
			27	100 Free	M 15 years
			Victory ceremony	27 100 Free	M 14 years
			27	100 Free	M 16 years
			Victory ceremony	27 100 Free	M 15 years
			27	100 Free	M 17-18 years
			Victory ceremony	27 100 Free	M 16 years
			127	100 Free AWD	AWD
			Victory ceremony	27 100 Free	M 17-18 years
			Victory ceremony	127 100 Free AWD	M AWD
			29	4 X 50 Med Relay Club	W 15 & Under
			30	4 X 50 Med Relay Club	M 15 & Under
			31	4 X 50 Med Relay Club	W 16 & Over
			32	4 X 50 Med Relay Club	M 16 & Over

Victory ceremonies for Relay Events 29-32 will be prior to the finals session at 5.40pm on Friday 7th March

Day 4 – Friday 7th March 2008

Victory ceremonies for Relay Events 29-32 from last night will be prior to the finals session at 5.40pm tonight.

Session 7 – Heats				Session 8 – Finals			
Warm-up 7.15am - 8.45am Start 9am				Warm-up 4.15pm - 5.45pm Start 6pm			
33	800 Free (Timed finals)	W		33	800 Free	W	Fastest TF
34	200 Free incl AWD	M		34	200 Free	M	13 years
134				Victory ceremony	33 800 Free	W	13 years
35	100 Breast incl AWD	W		Victory ceremony	33 800 Free	W	14 years
135				Victory ceremony	33 800 Free	W	15 years
36	100 Back incl AWD	M		Victory ceremony	33 800 Free	W	16 years
136				Victory ceremony	33 800 Free	W	17-18 years
37	50 Back	W		34	200 Free	M	14 years
				Victory ceremony	34 200 Free	M	13 years
38	200 Breast	M		34	200 Free	M	15 years
				Victory ceremony	34 200 Free	M	14 years
39	100 Fly incl AWD	W		34	200 Free	M	16 years
139				Victory Ceremony	34 200 Free	M	15 years
40	4 x 50m Medley Regional Relay	M 15 & U		34	200 Free	M	17-18 years
41	4 x 50m Medley Regional Relay	W 15 & U		Victory Ceremony	34 200 Free	M	16 years
42	4 x 50m Medley Regional Relay	M 16 & O		35	100 Breast	W	13 years
43	4 x 50m Medley Regional Relay	W 16 & O		Victory ceremony	134 200 Free AWD	M	AWD
				35	100 Breast	W	14 years
				Victory ceremony	35 100 Breast	W	13 years
				35	100 Breast	W	15 years
				Victory ceremony	35 100 Breast	W	14 years
				35	100 Breast	W	16 years
				Victory Ceremony	35 100 Breast	W	15 years
				35	100 Breast	W	17-18 years
				Victory Ceremony	35 100 Breast	W	16 years
				135	100 Breast AWD	W	AWD
				Victory Ceremony	35 100 Breast	W	17-18 years
				36	100 Back	M	13 years
				Victory ceremony	135 100 Breast AWD	W	AWD
				36	100 Back	M	14 years
				Victory ceremony	36 100 Back	M	13 years
				36	100 Back	M	15 years
				Victory ceremony	36 100 Back	M	14 years
				36	100 Back	M	16 years
				Victory ceremony	36 100 Back	M	15 years
				36	100 Back	M	17-18 years
				Victory ceremony	36 100 Back	M	16 years
				136	100 Back AWD	M	AWD
				Victory ceremony	36 100 Back	M	17-18 years
				37	50 Back	W	13 years
				Victory ceremony	136 100 Back AWD	M	AWD
				37	50 Back	W	14 years
				Victory ceremony	37 50 Back	W	13 years
				37	50 Back	W	15 years
				Victory ceremony	37 50 Back	W	14 years
				37	50 Back	W	16 years
				Victory ceremony	37 50 Back	W	15 years
				37	50 Back	W	17-18 years
				Victory ceremony	37 50 Back	W	16 years
				38	200 Breast	M	13 years
				Victory ceremony	37 50 Back	W	17-18 years
				38	200 Breast	M	14 years
				Victory ceremony	38 200 Breast	M	13 years
				38	200 Breast	M	15 years
				Victory ceremony	38 200 Breast	M	14 years
				38	200 Breast	M	16 years
				Victory ceremony	38 200 Breast	M	15 years
				38	200 Breast	M	17-18 years
				Victory ceremony	38 200 Breast	M	16 years
				39	100 Fly	W	13 years
				Victory ceremony	38 200 Breast	M	17-18 years
				39	100 Fly	W	14 years
				Victory ceremony	39 100 Fly	W	13 years
				39	100 Fly	W	15 years
				Victory ceremony	39 100 Fly	W	14 years
				39	100 Fly	W	16 years
				Victory ceremony	39 100 Fly	W	15 years
				39	100 Fly	W	17-18 years
				Victory ceremony	39 100 Fly	W	16 years
				139	100 Fly AWD	W	AWD
				Victory ceremony	39 100 Fly	W	17-18 years
				Victory ceremony	139 100 Fly AWD	W	AWD
				40	4 X 50 Med Relay Region	M	15 & Under
				41	4 X 50 Med Relay Region	W	15 & Under
				42	4 X 50 Med Relay Region	M	16 & Over
				43	4 X 50 Med Relay Region	W	16 & Over

Victory ceremonies for Relay Events 40-43 will be prior to the finals session at 5.40pm on Saturday 8th March

Day 5 – Saturday 8th March 2008

Victory ceremonies for Relay Events 40-43 from last night
will be prior to the finals session at 5.40pm tonight.

Session 9 – Heats			Session 10 – Finals			
Warm-up 7.15am - 8.45am Start 9am			Warm-up 4.15pm - 5.45pm Start 6pm			
44	1500 Free (Timed finals)	M	44	1500 Free	M	Fastest TF
45	200 Fly	W	45	200 Fly	W	13 years
46	100 Breast incl AWD	M	Victory ceremony 44	1500 Free	M	13 years
146			Victory ceremony 44	1500 Free	M	14 years
47	50 Free incl AWD	W	Victory ceremony 44	1500 Free	M	15 years
147			Victory ceremony 44	1500 Free	M	16 years
48	50 Free incl AWD	M	45	200 Fly	W	14 years
148			Victory ceremony 45	200 Fly	W	13 years
49	200 IM incl AWD	W	45	200 Fly	W	15 years
149			Victory ceremony 45	200 Fly	W	14 years
50	100 Fly	M	45	200 Fly	W	16 years
			Victory Ceremony 45	200 Fly	M	15 years
			45	200 Fly	W	17-18 years
			Victory Ceremony 45	200 Fly	M	16 years
			46	100 Breast	M	13 years
			Victory Ceremony 45	200 Fly	M	17-18 years
			46	100 Breast	M	14 years
			Victory ceremony 46	100 Breast	M	13 years
			46	100 Breast	M	15 years
			Victory ceremony 46	100 Breast	M	14 years
			46	100 Breast	M	16 years
			Victory ceremony 46	100 Breast	M	15 years
			46	100 Breast	M	17-18 years
			Victory ceremony 46	100 Breast	M	16 years
			146	100 Breast AWD	M	AWD
			Victory ceremony 46	100 Breast	M	17-18 years
			47	50 Free	W	13 years
			Victory Ceremony 146	100 Breast AWD	W	AWD
			47	50 Free	W	14 years
			Victory ceremony 47	50 Free	W	13 years
			47	50 Free	W	15 years
			Victory ceremony 47	50 Free	W	14 years
			47	50 Free	W	16 years
			Victory ceremony 47	50 Free	W	15 years
			47	50 Free	W	17-18 years
			Victory ceremony 47	50 Free	W	16 years
			147	50 Free AWD	W	AWD
			Victory ceremony 47	50 Free	W	17-18 years
			48	50 Free	M	13 years
			Victory ceremony 147	50 Free AWD	W	AWD
			48	50 Free	M	14 years
			Victory ceremony 48	50 Free	M	13 years
			48	50 Free	M	15 years
			Victory ceremony 48	50 Free	M	14 years
			48	50 Free	M	16 years
			Victory ceremony 48	50 Free	M	15 years
			48	50 Free	M	17-18 years
			Victory ceremony 48	50 Free	M	16 years
			148	50 Free AWD	M	AWD
			Victory ceremony 48	50 Free	M	17-18 years
			49	200 IM	W	13 years
			Victory ceremony 148	50 Free AWD	M	AWD
			49	200 IM	W	14 years
			Victory ceremony 49	200 IM	W	13 years
			49	200 IM	W	15 years
			Victory ceremony 49	200 IM	W	14 years
			49	200 IM	W	16 years
			Victory ceremony 49	200 IM	W	15 years
			49	200 IM	W	17-18 years
			Victory ceremony 49	200 IM	W	16 years
			149	200 IM AWD	W	AWD
			Victory ceremony 49	200 IM	W	17-18 years
			50	100 Fly	M	13 years
			Victory ceremony 149	200 IM AWD	W	AWD
			50	100 Fly	M	14 years
			Victory ceremony 50	100 Fly	M	13 years
			50	100 Fly	M	15 years
			Victory ceremony 50	100 Fly	M	14 years
			50	100 Fly	M	16 years
			Victory ceremony 50	100 Fly	M	15 years
			50	100 Fly	M	17-18 years
			Victory ceremony 50	100 Fly	M	16 years
			Victory ceremony 50	100 Fly	M	17-18 years