

1 October 2007

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 19th March 2008.
- The qualifying period is from 21st March 2007 to 2nd March 2008.
- The 2008 Division II Competition will be swum as Short Course (25m).
- The age groups to be swum for both male and female are 13 years and under, 14 years, 15 years and 16 and over.
- Relays will be regional and club and swum as 14 & under and 15 & over. In any relay event, swimmers 14 & under may swim in either their correct age group or 15 & over.
- Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 25 metre times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- Swimmers may enter one (1) unqualified event.
- Any swimmer who qualified for either the 2008 NZ Youth and Open Championships or the 2008 NZ Age Group Championships is ineligible to enter the 2008 Division II Competition.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to finals in any one event, with the exception of timed-finals where there is no limit on international visitor entries.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 6th MARCH 2008**. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file.

Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$12.50 individual events and \$25.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P O Box 11-115, Wellington.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website by **FRIDAY 7th MARCH 2008**.

Corrections to psych sheets are to be sent to events@swimmingnz.org.nz by **MIDNIGHT TUESDAY 11th MARCH 2008**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website by **WEDNESDAY 12th MARCH 2008**.

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25m Qualifying Times

| Male | | | | Female | | | | |
|---------------------|----------|----------|----------|-------------|----------|----------|----------|----------|
| 13 & U | 14 yr | 15 yr | 16 & O | 13 & U | 14 yr | 15 yr | 16 & O | |
| FREESTYLE | | | | | | | | |
| 29.80 | 28.40 | 28.40 | 27.95 | 50 | 31.30 | 31.20 | 31.20 | 31.00 |
| 1:04.90 | 1:02.80 | 1:02.80 | 1:00.70 | 100 | 1:08.25 | 1:08.05 | 1:08.05 | 1:06.85 |
| 2:22.40 | 2:17.00 | 2:17.00 | 2:12.50 | 200 | 2:29.00 | 2:26.55 | 2:26.55 | 2:24.30 |
| 5:00.35 | 4:48.90 | 4:48.90 | 4:42.15 | 400 | 5:15.19 | 5:07.00 | 5:07.00 | 5:04.70 |
| | | | | 800 | 10:55.00 | 10:38.35 | 10:38.35 | 10:37.00 |
| 19:57.70 | 19:24.50 | 19:24.50 | 18:58.90 | 1500 | | | | |
| BACKSTROKE | | | | | | | | |
| 34.90 | 33.25 | 33.25 | 32.35 | 50 | 36.70 | 36.05 | 36.05 | 35.85 |
| 1:14.05 | 1:13.45 | 1:13.45 | 1:11.40 | 100 | 1:19.00 | 1:17.60 | 1:17.60 | 1:16.77 |
| 2:42.05 | 2:35.30 | 2:35.30 | 2:34.35 | 200 | 2:51.00 | 2:47.23 | 2:47.23 | 2:44.51 |
| BREASTSTROKE | | | | | | | | |
| 39.35 | 37.95 | 37.95 | 37.15 | 50 | 40.70 | 40.55 | 40.55 | 39.45 |
| 1:25.95 | 1:22.10 | 1:22.10 | 1:20.70 | 100 | 1:29.50 | 1:28.95 | 1:28.95 | 1:26.15 |
| 3:06.45 | 2:57.05 | 2:57.05 | 2:55.00 | 200 | 3:14.00 | 3:13.15 | 3:13.15 | 3:05.15 |
| BUTTERFLY | | | | | | | | |
| 35.20 | 33.60 | 33.60 | 33.25 | 50 | 35.80 | 35.50 | 35.50 | 34.85 |
| 1:18.45 | 1:14.55 | 1:14.55 | 1:13.65 | 100 | 1:20.00 | 1:19.10 | 1:19.10 | 1:18.00 |
| 2:53.45 | 2:49.60 | 2:49.60 | 2:48.45 | 200 | 2:57.75 | 2:55.30 | 2:55.30 | 2:54.85 |
| MEDLEY | | | | | | | | |
| 1:17.90 | 1:16.40 | 1:16.40 | 1:14.80 | 100 | 1:23.15 | 1:21.75 | 1:21.75 | 1:20.45 |
| 2:48.55 | 2:41.75 | 2:41.75 | 2:39.30 | 200 | 2:54.20 | 2:54.05 | 2:54.05 | 2:47.15 |
| 5:56.95 | 5:50.25 | 5:50.25 | 5:43.65 | 400 | 6:13.00 | 6:07.80 | 6:07.80 | 6:03.65 |

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Warm-up Times, Session Start Times and Order of Events

| Day 1 - Wed 19 th March | | | Day 2 – Thurs 20 th March | | | Day 3 – Fri 21 st March | | | Day 4 – Sat 22 nd March | | |
|---|-----------------------------|---|---|----------------|---|---|-----------------------------|---|---|------------------------------|---|
| Session 1 - Heats | | | Session 3 - Heats | | | Session 5 - Heats | | | Session 7 - Heats | | |
| Warm-up 7.30 – 8.45am Start 9am | | | Warm-up 7.30 – 8.45am Start 9am | | | Warm-up 7.30 – 8.45am Start 9am | | | Warm-up 7.30 – 8.45am Start 9am | | |
| 1 | 200m Back | M 13 & Under M 14 years M 15 years M 16 & Over | 14 | 200m IM | M 13 & Under M 14 years M 15 years M 16 & Over | 26 | 800m Free (Timed Finals) | W 13 & Under W 14 years W 15 years W 16 & Over | 39 | 1500m Free (Timed Finals) | M 13 & Under M 14 years M 15 years M 16 & Over |
| 2 | 200m Back | W 13 & Under W 14 years W 15 years W 16 & Over | 15 | 200m IM | W 13 & Under W 14 years W 15 years W 16 & Over | 27 | 200m Fly | M 13 & Under M 14 years M 15 years M 16 & Over | 40 | 100m Fly | W 13 & Under W 14 years W 15 years W 16 & Over |
| 3 | 100m Breast | M 13 & Under M 14 years M 15 years M 16 & Over | 16 | 100m Back | M 13 & Under M 14 years M 15 years M 16 & Over | 28 | 200m Fly | W 13 & Under W 14 years W 15 years W 16 & Over | 41 | 200m Breast | M 13 & Under M 14 years M 15 years M 16 & Over |
| 4 | 100m Breast | W 13 & Under W 14 years W 15 years W 16 & Over | 17 | 100m Back | W 13 & Under W 14 years W 15 years W 16 & Over | 29 | 100m Free | M 13 & Under M 14 years M 15 years M 16 & Over | 42 | 200m Breast | W 13 & Under W 14 years W 15 years W 16 & Over |
| 5 | 50m Fly | M 13 & Under M 14 years M 15 years M 16 & Over | 18 | 50m Breast | M 13 & Under M 14 years M 15 years M 16 & Over | 30 | 100m Free | W 13 & Under W 14 years W 15 years W 16 & Over | 43 | 100m Fly | M 13 & Under M 14 years M 15 years M 16 & Over |
| 6 | 50m Fly | W 13 & Under W 14 years W 15 years W 16 & Over | 19 | 50m Breast | W 13 & Under W 14 years W 15 years W 16 & Over | 31 | 50m Back | M 13 & Under M 14 years M 15 years M 16 & Over | 44 | 50m Free | W 13 & Under W 14 years W 15 years W 16 & Over |
| 7 | 400m Free (Timed Finals) | M 13 & Under M 14 years M 15 years M 16 & Over | 20 | 200m Free | M 13 & Under M 14 years M 15 years M 16 & Over | 32 | 50m Back | W 13 & Under W 14 years W 15 years W 16 & Over | 45 | 50m Free | M 13 & Under M 14 years M 15 years M 16 & Over |
| 8 | 400m Free (Timed Finals) | W 13 & Under W 14 years W 15 years W 16 & Over | 21 | 200m Free | W 13 & Under W 14 years W 15 years W 16 & Over | 33 | 400m IM (Timed Finals) | M 13 & Under M 14 years M 15 years M 16 & Over | 46 | 400m IM (Timed Finals) | W 13 & Under W 14 years W 15 years W 16 & Over |
| 9 | 100 IM | M 13 & Under M 14 years M 15 years M 16 & Over | 22 | 4x50m Free Reg | W 14 & Under | 34 | 100 IM | W 13 & Under W 14 years W 15 years W 16 & Over | 47 | 4 x 50m Med Reg | M 14 & Under W 14 & Under |
| | | | 23 | | M 14 & Under | | | | 48 | | |
| 10 | 4x50m Free Club | W 14 & Under M 14 & Under | 24 | 4x50m Free Reg | M 15 & Over | 35 | 4x50m Med Club | W 14 & Under M 14 & Under | 49 | 4 x 50m Med Reg | M 15 & Over W 15 & Over |
| | | | 25 | | W 15 & Over | | | | 50 | | |
| 11 | | | | | | 36 | | | | | |
| 12 | 4x50m Free Club | M 15 & Over | | | | 37 | 4x50m Med Club | M 15 & Over | | | |
| 13 | | W 15 & Over | | | | 38 | | W 15 & Over | | | |
| Session 2 - Finals | | | Session 4 - Finals | | | Session 6 - Finals | | | Session 8 - Finals | | |
| Warm-up 4.30 - 5.45pm Start 6pm | | | Warm-up 4.30 - 5.45pm Start 6pm | | | Warm-up 4.30 - 5.45pm Start 6pm | | | Warm-up 4.30 - 5.45pm Start 6pm | | |
| Finals of all events in age groups as above | | | Finals of all events in age groups as above | | | Finals of all events in age groups as above | | | Finals of all events in age groups as above | | |

NOTE: Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.