

24 January 2007

**This meet will be swum under SNZ Regulations with the specific conditions & criteria:**

- Age as at 4<sup>th</sup> April 2007.
- The NZ Youth and Open Championships will be used to determine the NZ Open Champions and the NZ Youth Champions for individual events for the following two age groups, 16 years, 17 & 18 years combined.
- Relays will be regional and open.
- Relays will be swum as heats and finals if the number of entries is greater than the number of lane and will be swum at the end of the respective sessions.
- The qualifying period is from 7<sup>th</sup> March 2006 to 18<sup>th</sup> March 2007.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 metre times. Qualifying times swum in pools other than 50ms must be converted to long course times using the SNZ conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to preliminary-finals or finals in any one event, with the exception of timed-finals where there is no limit on international visitor entries.

**NOTE:**

- 50m and 100m events, there will be three preliminary finals (one for each Youth age group and one "Open Preliminary Final" for all other ages). Youth age group championship placings will be determined from the results of the Youth preliminary final. Open finalists will be determined from the results of the three preliminary finals.
- For 200m events, there will be an Open final comprising the fastest swimmers from the heats, plus a 17/18 final comprising the next fastest 17/18 year swimmers, and a 16 year final comprising the next fastest 16 year swimmers. The Open championship placings will be determined solely from the results in the Open final. Youth age championship placings will be determined as Timed Finals from the results of the Open final plus the respective age final.
- 400m events there will be Open A & B finals (the Open finalists will be determined from the fastest results of the heats, with the next fastest group of swimmers placed in the B final). The open championship placings will be determined from the A final. The Youth age group championship placings will be determined, as timed finals, from the results of the Open A & B finals and the heats, with placings in the A final taking precedence over the placings in the B final and placing in A & B finals taking precedence over the heats.
- For the 800m and 1500m events, the Youth age group placings will be determined from the results of the heats, as for timed finals; the Open finalists will also be determined from the results of the heats.

**50m Qualifying Times**

Male			Female		
16 years	17 – 18 years	Open	16 years	17 - 18 years	Open
<b>FREESTYLE</b>					
26.75	26.35	25.50	29.50	29.20	28.80
58.20	57.30	55.50	1.04.20	1.04.00	1.01.80
2.09.00	2.07.00	2.00.00	2.19.80	2.18.00	2.13.00
4.36.00	4.33.00	4.19.00	4.50.00	4.47.00	4.40.00
			800	9.54.50	9.50.00
17.55.00	17.45.00	17.20.00	1500		
<b>BACKSTROKE</b>					
31.05	30.85	29.00	34.05	33.75	32.90
1.07.50	1.07.00	1.03.00	1.14.00	1.13.00	1.10.00
2.27.50	2.25.00	2.17.00	2.37.80	2.36.50	2.32.00
<b>BREASTSTROKE</b>					
34.95	34.75	32.90	38.60	38.00	36.90
1.16.00	1.15.50	1.11.50	1.24.00	1.23.00	1.21.00
2.48.00	2.45.00	2.37.50	2.58.80	2.57.00	2.54.00
<b>BUTTERFLY</b>					
29.55	28.90	28.00	32.80	32.40	31.40
1.06.00	1.04.50	1.01.00	1.12.80	1:12.40	1.09.00
2.32.00	2.29.00	2.18.50	2.44.00	2.41.00	2.33.00
<b>MEDLEY</b>					
2.26.00	2.23.00	2.16.50	2.41.50	2.39.00	2.33.00
5.16.00	5.09.00	4.55.00	5.39.00	5.35.00	5.24.00

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## Warm-up Times, Session Start Times and Order of Events

### Morning Sessions - Finals

Day 2 – Wed 4 <sup>th</sup> April				Day 3 – Thurs 5 <sup>th</sup> April				Day 4 – Fri 6 <sup>th</sup> April				Day 5 – Sat 7 <sup>th</sup> April				Day 5 – Sun 8 <sup>th</sup> April			
AM Session 2 - Finals				AM Session 4 - Finals				AM Session 6 - Finals				AM Session 8 - Finals				AM Session 10 - Finals			
Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am			
1	200 Free	OF & AF	M	13	100 Free	PF	W	17	400 Free	OF-A & B	M	20	100 Breast	OF	W	33	1500 Free	OF	M
2	400 IM	OF-A & B	W	12	50 Breast	PF	M	18	200 Fly	OF & AF	W	21	50 Fly	OF	M	35	200 Breast	OF & AF	W
3	100 Back	PF	M	4	50 Fly	OF	W	19	200 Back	OF & AF	M	26	50 Free	PF	W	36	200 Fly	OF & AF	M
4	50 Fly	PF	W	3	100 Back	OF	M	20	100 Breast	PF	W	27	100 Free	PF	M	37	200 Free	OF & AF	W
5	200 Breast	OF & AF	M	6	50 Breast	OF	W	21	50 Fly	PF	M	28	200 IM	OF & AF	W	29	50 Back	OF	M
6	50 Breast	PF	W	7	100 Fly	OF	M	22	200 Back	OF & AF	W	29	50 Back	PF	M	30	100 Fly	OF	W
7	100 Fly	PF	M	8	100 Back	OF	W	23	200 IM	OF & AF	M	30	100 Fly	PF	W	31	100 Breast	OF	M
8	100 Back	PF	W	14	50 Free	PF	M	24	400 Free	OF-A & B	W	31	100 Breast	PF	M	32	50 Back	OF	W
9	400 IM	OF-A & B	M	10	800 Free	OF	W	12	50 Breast	OF	M	32	50 Back	PF	W	27	100 Free	OF	M
11	4x200 Free		W	16	4x200 Free		M	13	100 Free	OF	W	34	4x100 Free		M	26	50 Free	OF	W
				15	4x100 Free		W	14	50 Free	OF	M					38	4x100 Medley		M
								25	4x100 Medley		W								

### Evening Sessions - Heats

Day 1 – Tues 3 <sup>rd</sup> April			Day 2 – Wed 4 <sup>th</sup> April			Day 3 – Thurs 5 <sup>th</sup> April			Day 4 – Fri 6 <sup>th</sup> April			Day 5 – Sat 7 <sup>th</sup> April		
Session 1 - Heats			Session 3 – Heats			Session 5 - Heats			Session 7 - Heats			Session 9 - Heats		
Warm-up 4-5.30pm Start 6pm			Warm-up 4-5.45pm Start 6pm			Warm-up 4-5.45pm Start 6pm			Warm-up 4-5.45pm Start 6pm			Warm-up 4-5.45pm Start 6pm		
1	200 Free	M	12	50 Breast	M	17	400 Free	M	26	50 Free	W	35	200 Breast	W
2	400 IM	W	13	100 Free	W	18	200 Fly	W	27	100 Free	M	36	200 Fly	M
3	100 Back	M	14	50 Free	M	19	200 Back	M	28	200 IM	W	37	200 Free	W
4	50 Fly	W	15	4x100 Free	W	20	100 Breast	W	29	50 Back	M	38	4x100 Medley	M
5	200 Breast	M	16	4x200 Free	M	21	50 Fly	M	30	100 Fly	W			
6	50 Breast	W				22	200 Back	W	31	100 Breast	M			
7	100 Fly	M				23	200 IM	M	32	50 Back	W			
8	100 Back	W				24	400 Free	W	33	1500 Free	M			
9	400 IM	M				25	4x100 Medley	W	34	4x100 Free	M			
10	800 Free	W												
11	4x200 Free	W												

OF = Open Final, PF = Preliminary finals, AF = Age Group finals

**NOTE:** Relays will be swum as heats and finals if the number of entries is greater than the number of lane and will be swum at the end of the respective sessions

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## ENTRIES

**REGIONAL ASSOCIATIONS** must submit entries for SNZ members. No club entries are permitted.

**CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

**CLUBS** need to check with your **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 22<sup>nd</sup> MARCH 2007**. Late entries will not be accepted.

**NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$11.75 individual events and \$23.50 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P O Box 11115, Wellington.

## PSYCH SHEETS

**PSYCH SHEETS** will be posted on the Swimming New Zealand website by **FRIDAY 23<sup>rd</sup> MARCH 2007**.

Corrections and changes to psych sheets are to be sent to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) by **12 MIDNIGHT TUESDAY 27<sup>th</sup> MARCH 2007**.

**FINAL PSYCH SHEETS** will be posted on the Swimming New Zealand website by **WEDNESDAY 28<sup>th</sup> MARCH 2007**.