

Swimming New Zealand Commonwealth Trials 2005 NZ Summer Championships

6th – 10th December 2005
West Wave Aquatic Centre, Auckland



Information

Swimming New Zealand Contact

Sandra Holden
Tel 04 801 4885 Direct Dial
Fax 04 801 6270
027 289 1598
events@swimmingnz.org.nz

Meet Director

Brent Singer
Tel 09 269 0091 wk
Fax 09 269 0096
021 781 264
bsinger@rycodies.co.nz

Host Regional Association



Auckland Swimming Association
P O Box 300 633, Albany, Auckland
Tel 09 448 1480
Fax 09 415 4594
akswim@xtra.co.nz
www.aucklandswimming.org.nz

Host Regional Association Contact

Meg Luff contact:
meg.luff@heskethhenry.co.nz

Pool Location/Venue address

West Wave Aquatic Centre
Alderman Drive
Henderson
Auckland

Entries and Entry fees

All information regarding entries and entry fees is detailed in the FLIER.

CLUBS need to check with their REGIONAL ASSOCIATION for their entry closing dates.

Pre-Meet Training Times

The pool will be available set at 50m on Monday 5th December at the following times
Whole pool 9am – 12pm
4 lanes 12pm – 4pm
Whole pool 4pm – 7pm

Pool entry is free for training at these times and access will be through the back door of West Wave Aquatic Centre.

PLEASE NOTE: Clubs that wish to train outside this time will have to pay Pool Entry.

Warm-up times

Morning heats
Warm-up 7.00am - 8.45am

Evening finals
Warm-up 4.00pm - 5.45pm

NOTE:
Tuesday 6th December
Warm-up 4.00pm – 5.30pm
for the Opening Ceremony at 5.40pm.

Session start times

Morning heats session 9am
Evening finals session 6pm

Warm down

Warm down will be in the dive well.

Warm-up Procedure

SNZ will use the standard Warm-up Procedure for all National Competitions to comply with OSH requirements.

Warm-up Marshall's will NOT be used. Details of the Warm-up procedure will be posted on the SNZ website by Monday 21st November 2005.

Marshalling

This will take place at the scoreboard end of the pool behind the scoreboard. Marshalling will occur 3 events or races prior to the start.

Team Briefing Meeting

A Team Briefing for Regional team managers, team managers and coaches will be held on Monday 5th December at 6.30pm in the West Auckland Aquatics club rooms at the club entrance to the pool. Anyone is welcome at this meeting.

2005 Summer Championships is hosted for SNZ by

Auckland Swimming Association
PO Box 300 633, Albany, Auckland
Tel 09 448 1480, Fax 09 415 4594
akswim@xtra.co.nz
www.aucklandswimming.org.nz

Swimming New Zealand
P O Box 11-115, Wellington
Tel 04 801 9450 Fax 04 801 6270
events@swimmingnz.org.nz
www.swimmingnz.org.nz

Swimming New Zealand Commonwealth Trials 2005 NZ Summer Championships

6th – 10th December 2005
West Wave Aquatic Centre, Auckland



Regional Associations Coaches and Managers Form

This form is available from the SNZ website and should be included with the REGIONAL ASSOCIATIONS entries and returned to events@swimmingnz.org.nz by midnight Thursday 17th November 2005.

Passes

Passes will be issued to all Team Management detailed on the Regional Association Coaches and Managers Form, technical officials and VIP's. Passes will be included in the packs as detailed below.

Pool Access/Entry

Access to the pool is via the club access at the rear of the building. No access to the leisure pool is permitted and should swimmers and supporters wish to use the leisure pool access via the main entrance, normal admission is required. Internal access is not available to the leisure pool, only to the café.

Collection of Packs

Packs for swimmers, coaches and Regional Team Managers including session one programmes can be collected by **CLUB TEAM MANAGERS** from the pool between 3.30 and 6.30pm on Monday 5th December 2005 from the ASA Admin Room on pool deck.

Officials meeting

An officials meeting will be held on Tuesday 6th December at 8am in Room A, upstairs on the spectator level of the complex.

Officials food

Officials Breakfast will be available each day from 7.30am in Room A. Afternoon tea will be available each day from 4.30pm in Room A. No food will be served to officials during the session. Drinks will be provided.

Officials Happy Hour

On Thursday 8th November a Happy Hour will be held for officials in Room A. This will consist of drinks and light food.

Seating

Seating will be allocated for Regional teams and will be posted on the SNZ website once entries have closed after 18th November 2005.

No of Session Sheets for each Region

Session sheets will be issued to REGIONAL ASSOCIATIONS based on the number of coaches and managers detailed in the Regional Coaches and Managers Form.

Results

Results for the Commonwealth Trials will be provided as detailed below

- Ground floor – on the white results board at the dive well end and
- Upstairs – on the white results board at the dive well end of the pool (just along from the top of the stairs)
- After each event, 1 results sheet for the Regional Team Manager will be distributed to each region in the Regional boxes.
- More results sheets for Coaches and Managers will be placed in the Regional boxes after several events.

Quick Results

For the first time Swimming New Zealand will have Quick results on the internet. The results for each event will be uploaded once the event has been signed off. These results will be on the Swimming New Zealand website at www.swimmingnz.org.nz/results

Timelines

Timelines will be included on the session sheets. The times shown are approximate and races may start before or after the times indicated. It is the swimmers responsibility to be at marshalling at the appropriate time.

Spectator/Programme Charges

Door entry for Adults	\$2.00
Door entry under 15 years	\$1.00
Session programme – per session	\$2.00
Full programme – includes finals	\$10.00
Door entry for all sessions	\$15.00
Door entry & programmes all sessions	\$\$25.00

2005 Summer Championships is hosted for SNZ by

Auckland Swimming Association
PO Box 300 633, Albany, Auckland
Tel 09 448 1480, Fax 09 415 4594
akswim@xtra.co.nz
www.aucklandswimming.org.nz

Swimming New Zealand
P O Box 11-115, Wellington
Tel 04 801 9450 Fax 04 801 6270
events@swimmingnz.org.nz
www.swimmingnz.org.nz

Swimming New Zealand Commonwealth Trials 2005 NZ Summer Championships

6th – 10th December 2005
West Wave Aquatic Centre, Auckland



Parking

Parking at the main car park at West Wave is restricted and frequently monitored by parking wardens. Parking is available in the car park of the Falls Restaurant. Pedestrian access from this car park is by way of the path between the Falls Restaurant and the river, and over the bridge. There is a section of the Falls car park that now has parking meters installed.

If traveling from outside the West Auckland area to the West Wave Aquatic Centre, please allow an extra 30 minutes travelling time to the venue.

Opening Ceremony

An Opening Ceremony will be held at 5.40pm on Tuesday 6th December.

Regions are to provide 3 representatives in uniform - 1 to carry the regional placard for the March past. These people are to assemble at the Dive Well end of the pool at 5.15pm in uniform.

Victory Ceremonies

SNZ has introduced a standard victory ceremony protocol for all SNZ National Competitions.

Victory Ceremonies will be timetabled in the Order of Events and the Victory Ceremony Timetable will be published in the souvenir programme and the programme for finals session.

Team managers and Coaches are to ensure swimmers are familiar with this protocol and timetable which will be posted on the website by Monday 21st November.

A musical fanfare will be used to indicate the Victory Ceremony.

Swimmers who are not present **WILL NOT RECEIVE THEIR MEDAL**. Substitutes may be used if swimmers are in other races or in marshalling, however they must be of the **same gender** as the swimmer due to be receiving the medal.

Victory ceremonies will take place immediately after the following race – please see the Victory Ceremony Timetable on the website.

IMMEDIATELY after finishing their race AND BEFORE warming down the TOP 4 swimmers should dry down, get their t shirt or tracksuit jacket and go to the presentation area. They must advise the presentation official they are present.

We will endeavour to run the victory ceremonies as timetabled. If for any reason there is a delay in the results being available, the media presentation for that event will take place as soon as possible. The victory ceremonies will continue to happen as timetabled.

Dress standard for victory ceremonies

- Club or regional t-shirt, jacket or sweatshirt.
- No caps or goggles.
- No towels to be wrapped around the waist.
- Tracksuit bottoms or shorts are NOT required.

Swimmers with a Disability

Swimmers with a Disability (SWD) will be included in the NZ Summer Championships by invitation from Paralympics New Zealand only.

SWD can enter the 50 and 100 Free for Men and Women. SWD will swim in the heats and swim separate finals on the same day as the heats as detailed in the order of events below.

Banner placement

Swimming New Zealand will have signage at the NZ Summer Champs, this signage will take precedence for position over regional and club banners. At this stage club banners may be placed upstairs railings on the side opposite AOD Room. SNZ reserves the right to remove any banners that are not in appropriate areas or conflict with event signage and/or sponsors.

2005 Summer Championships is hosted for SNZ by

Auckland Swimming Association
PO Box 300 633, Albany, Auckland
Tel 09 448 1480, Fax 09 415 4594
akswim@xtra.co.nz
www.aucklandswimming.org.nz

Swimming New Zealand
P O Box 11-115, Wellington
Tel 04 801 9450 Fax 04 801 6270
events@swimmingnz.org.nz
www.swimmingnz.org.nz

Swimming New Zealand Commonwealth Trials 2005 NZ Summer Championships

6th – 10th December 2005
West Wave Aquatic Centre, Auckland



Team Selection

The 2005 New Zealand Swimming Championships is the qualifying competition for the Melbourne 2006 Commonwealth Games and FINA World SC Championship Teams.

The qualifying criteria for both these teams are detailed on the SNZ website. www.swimmingnz.org.nz

Squad Qualifying Competition

The NZ Summer Championships is a Squad qualifying opportunity.

Squad Presentations

Squad presentations will be held throughout the SNZ Commonwealth Trials. These will be held after warm-up and prior to the start of the finals session each evening, between 5.45-6pm. A list of names for each night will be given to Team Managers. Please ensure the swimmers are aware of the presentations and that they assemble at the victory ceremony area for these so when their names are called they do not have to make their way to the area.

Television Coverage

Swimming New Zealand has secured television coverage of the Swimming New Zealand Commonwealth Trials. This is in the form of a 30 minute highlights show each night on TV One at 11pm and a 1 hour highlights show of the finals sessions on Sky Sport the following day.

TV crew and cameras will be at all finals sessions. Please ensure you co-operate with the camera crew and commentators. Swimmers may be asked for interviews. Co-operation from all is paramount to maintain a good relationship with TVNZ and Sky.

Function for teams announcement

**Swimming New Zealand
is pleased to invite
swimmers, coaches, team managers,
VIP's and officials
to the announcement of the
New Zealand Teams to compete at the
2006 Melbourne Commonwealth Games
and the 2006 FINA World Short Course
Championships.**

**The announcements will be held on
Saturday 10th December
at West Wave Aquatic Centre,
after the finals session.**

Warm-up 4-6pm,
Finals session start time 6pm
Approx time for team announcements 8pm

Please ensure you have your pass for entry. Some drinks and nibbles will be provided and a cash bar until 9pm.

This event is being held outside the complex in the outdoor entertainment area at the scoreboard end of the West Wave Aquatic Centre.

Any parents or spectators that wish to attend may purchase a ticket for \$10 at the entry to the pool on Thursday, Friday or Saturday prior to the session beginning when someone is manning the door entry.

Certificates

Certificates for SNZ Commonwealth Trials will be sent to regions after the met from the SNZ office.

2005 Summer Championships is hosted for SNZ by

Auckland Swimming Association
PO Box 300 633, Albany, Auckland
Tel 09 448 1480, Fax 09 415 4594
akswim@xtra.co.nz
www.aucklandswimming.org.nz

Swimming New Zealand
P O Box 11-115, Wellington
Tel 04 801 9450 Fax 04 801 6270
events@swimmingnz.org.nz
www.swimmingnz.org.nz



2005 New Zealand Summer Long Course Championships Commonwealth Games and World SC Championships Trials

West Wave Aquatic Centre, Auckland – 6 – 10 December 2005

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 6th December 2005.
- Relays will be regional and open.
- The qualifying period is from 9th December 2004 to 13th November 2005.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 metre times. Qualifying times swum in pools other than 50m must be converted to long course using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to preliminary-finals or finals in any one event, with the exception of timed-finals where there is no limit on international visitor entries.
- **50m and 100m events and will be swum as heats, semi-finals and finals.**
- **200m, 400m, 800m 1500m Free and 400m IM events will be swum as heats and finals.**
- **Swimmers with a Disability (SWD) will be included in the NZ Summer Championships by invitation from Paralympics New Zealand only. SWD can enter the 50 and 100 Free for Men and Women. SWD will swim in the heats and swim separate finals on the same day as the heats as detailed in the order of events below.**

50m Qualifying Times

Male		Female
FREESTYLE		
25.50	50	28.80
55.50	100	1.01.80
2.00.00	200	2.13.00
4.19.00	400	4.40.00
	800	9.40.00
17.20.00	1500	
BACKSTROKE		
29.00	50	32.90
1.03.00	100	1.10.00
2.17.00	200	2.32.00
BREASTSTROKE		
32.90	50	36.90
1.11.50	100	1.21.00
2.37.50	200	2.54.00
BUTTERFLY		
28.00	50	31.40
1.01.00	100	1.09.00
2.18.50	200	2.33.00
MEDLEY		
2.16.50	200	2.33.00
4.55.00	400	5.24.00

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted.

CLUBS entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with your **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand by 12 MIDNIGHT ON **THURSDAY 17th NOVEMBER 2005**. Late entries will not be accepted.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hvv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Regional Coaches and Managers Form

Entry fees are \$11.75 individual events and \$23.50 relay events.

Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P O Box 11115, Wellington.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website BY **FRIDAY 18th NOVEMBER 2005**.

There will be no refunds for withdrawals after the psych sheets have been circulated, unless a medical certificate is produced.

Corrections and changes to psych sheets are to be sent to events@swimmingnz.org.nz by **12pm TUESDAY 22nd NOVEMBER 2005**

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website by **WEDNESDAY 23rd NOVEMBER 2005**.



2005 New Zealand Summer Long Course Championships Commonwealth Games and World SC Championships Trials

West Wave Aquatic Centre, Auckland – 6 – 10 December 2005

Warm-up Times, Session Start Times and Order of Events

Day 1 – Tues 6 th Dec				Day 2 – Wed 7 th Dec				Day 3 – Thurs 8 th Dec				Day 4 – Fri 9 th Dec				Day 5 – Sat 10 th Dec			
Session 1 - Heats				Session 1 - Heats				Session 1 - Heats				Session 1 - Heats				Session 1 - Heats			
Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am				Warm-up 7 – 8.45am Start 9am			
1	200 Free	M		12	50 Breast	M		17	400 Free	M		26 & 126	50 Free incl SWD	W		35	200 Breast	W	
2	400 IM	W		13 & 113	100 Free incl SWD	W		18	200 Fly	W		27 & 127	100 Free incl SWD	M		36	200 Fly	M	
3	100 Back	M		14 & 114	50 Free incl SWD	M		19	200 Back	M		28	200 IM	W		37	200 Free	W	
4	50 Fly	W						20	100 Breast	W		29	50 Back	M					
5	200 Breast	M						21	50 Fly	M		30	100 Fly	W					
6	50 Breast	W						22	200 Back	W		31	100 Breast	M					
7	100 Fly	M						23	200 IM	M		32	50 Back	W					
8	100 Back	W						24	400 Free	W		33	1500 Free	M					
9	400 IM	M																	
10	800 Free	W																	
Session 2 - Finals				Session 2 - Finals				Session 2 - Finals				Session 2 - Finals				Session 2 - Finals			
Warm-up 4-5.45pm Start 6pm				Warm-up 4-5.45pm Start 6pm				Warm-up 4-5.45pm Start 6pm				Warm-up 4-5.45pm Start 6pm				Warm-up 4-5.45pm Start 6pm			
1	200 Free	F	M	113	100 Free SWD	F	W	17	400 Free	F	M	20	100 Breast	F	W	33	1500 Free	F	M
2	400 IM	F	W	13	100 Free	S	W	18	200 Fly	F	W	21	50 Fly	F	M	35	200 Breast	F	W
3	100 Back	S	M	12	50 Breast	S	M	19	200 Back	F	M	126	50 Free SWD	F	W	36	200 Fly	F	M
4	50 Fly	S	W	4	50 Fly	F	W	20	100 Breast	S	W	26	50 Free	S	W	37	200 Free	F	W
5	200 Breast	F	M	3	100 Back	F	M	21	50 Fly	S	M	127	100 Free SWD	F	M	29	50 Back	F	M
6	50 Breast	S	W	6	50 Breast	F	W	22	200 Back	F	W	27	100 Free	S	M	30	100 Fly	F	W
7	100 Fly	S	M	7	100 Fly	F	M	23	200 IM	F	M	28	200 IM	F	W	31	100 Breast	F	M
8	100 Back	S	W	8	100 Back	F	W	24	400 Free	F	W	29	50 Back	S	M	32	50 Back	F	W
9	400 IM	F	M	114	50 Free SWD	F	M	12	50 Breast	F	M	30	100 Fly	S	W	27	100 Free	F	M
11	4x200 Free	W		14	50 Free	S	M	13	100 Free	F	W	31	100 Breast	S	M	26	50 Free	F	W
				10	800 Free	F	W	14	50 Free	F	M	32	50 Back	S	W	38	4x100 Medley		M
				15	4x200 Free	M		25	4x100 Medley	W		34	4x100 Free	M					
				16	4x100 Free	W													