

Information

Swimming New Zealand Contact

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Meet Director

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Host Regional Association

Wellington Swimming Association
31 Parnell St, Lower Hutt
Tel 04 567 3269,
Fax 04 567 3267
wgtn.swim@xtra.co.nz
www.swiminfo.co.nz/wsa

Pool Location/Venue address

Wellington Regional Aquatic Centre
63 Kilbirnie Cres
Kilbirnie,
Wellington

Entries and Entry fees

All information regarding entries and entry fees is detailed in the FLIER.

PLEASE NOTE: the entry closing date for REGIONAL ASSOCIATIONS has been extended to midnight on Thursday 15th September.

CLUBS need to check with their REGIONAL ASSOCIATION for their entry closing dates.

Pre-Meet Training Times

The pool will be available on Saturday 24th September between 5pm - 9pm for Pre-Meet Training for Regional Association and Club teams. Pool entry is free.

PLEASE NOTE: Clubs that wish to train outside this time will have to pay Pool Entry.

Warm-up times

Morning	Warm-up	7.15am - 8.45am
Evening	Warm-up	4.15pm - 5.45pm

NOTE:
Sunday Evening Warm-up 4.15pm – 5.30pm
for the Opening Ceremony at 5.40pm.

Session start times

Morning session	9am
Evening session	6pm

Warm down

Warm down will be in the 25m at the diving pool end of the 50m pool.

Warm-up Procedure

SNZ will use the standard Short Course Warm-up Procedure for all National Competitions to comply with OSH requirements. Warm-up Marshalls will not be used. Details of the Warm-up procedure will be posted on the SNZ website by Friday 16th September 2005.

Marshalling

Marshalling will be in Meeting Room 1.

Team Briefing Meeting

A Team Briefing for Regional team managers, team managers and coaches will be held on Saturday 24th September 6pm in Meeting Room 1. Anyone is welcome at this meeting.

Regional Associations Coaches and Managers Form

This form is available from the SNZ website and should be included with the REGIONAL ASSOCIATIONS entries and returned to events@swimmingnz.org.nz by 5pm Thursday 15th September.

Regional team managers will be issued with passes for admin purposes. There will be no coaches passes issued.

Pool Access/Entry and Passes

Pool entry is via the Rear Door via the Southern carpark. Officials, coaches and team managers will need to sign in at the door. Swimmers DO NOT require passes and do not need to sign in.

Collection of Programmes

Session 1 programmes and other material can be picked up by Regional Team Managers from the pool between 6-7pm on Saturday 24th September.

Officials meeting

An officials meeting will be held on Sunday 25th September at 8.15am in Meeting Room 1. Officials Breakfast will be available on Sunday 25th September from 7.15am and every morning from 7.30am in Meeting Room 1.

Seating

Seating will be and will be posted on the SNZ website once entries have closed by Monday 19th September.

2005 Spring Competition is hosted for SNZ by

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www.swiminfo.co.nz/wsa

Swimming New Zealand
P O Box 11-115, Wellington
Tel 04 801 9450 Fax 04 801 6270
events@swimmingnz.org.nz
www.swimmingnz.org.nz

2005 Spring Competition

25th - 28th September 2005

Wellington Regional Aquatic Centre, Wellington



No of Session Sheets for each Region

Session sheets will be issued to REGIONAL ASSOCIATIONS based on the number of coaches and managers detailed in the Regional Coaches and Managers Form. Session sheets will be placed in the Regional Association plastic containers near the pigeon holes below the main seating stand.

Results

Results for the Spring Competition will be provided as detailed below

- On the wall at the dive well end and on the swim school office windows, (below the scoreboard) after each event is signed off.
- After each event 1 results sheet will be distributed to each region in the Regional boxes.
- More results sheets for Coaches and Managers will be placed in the Regional boxes after several events.

Timelines

Timelines will be included on the session sheets. The times shown are approximate and races may start before or after the times indicated. It is the swimmers responsibility to be at marshalling at the appropriate time.

Spectator/Programme Charges

Door entry for Adults	\$2.00
Door entry under 15 years	\$1.00
Session programme – per session	\$2.00
Full programme – includes finals	\$10.00
Door entry for all sessions	\$20.00
Door entry & programmes for all sessions	\$30.00

Parking

There is parking available in the Wellington Regional Aquatic Centre car parks and streets in the vicinity.

Opening Ceremony

An Opening Ceremony will be held at 5.40pm on Sunday 25th September. Regions to provide 3 representatives in uniform - 1 to carry the regional placard for the March past. These people are to assemble in Meeting Room 1 at 5.20pm.

Medal presentations

SNZ is introducing a standard medal presentation protocol for all National Competitions.

Medal presentations for placings of 1st, 2nd and 3rd will take place immediately after the following race.

ALL swimmers placed in the top 3 must make their way to the medal presentation area IMMEDIATELY after finishing their race, BEFORE warming down. They must advise the medal presentation official that they are there.

Medal presentation music will be used to indicate the Medal Presentation.

If swimmers are not present they will NOT RECEIVE THEIR MEDAL AT ALL. Substitutes may be used if swimmers are in other races or in marshalling, however they must be of the same gender as the swimmer receiving the medal.

Dress standard for medal presentations

- Club or regional t-shirt, jacket or sweatshirt.
- No caps or goggles.
- Tracksuit bottoms or shorts are NOT required.

The SNZ Medal presentation procedure, including dress standard will be placed on the SNZ website by Friday 16th September.

Certificates

There will be no certificates issued for the Spring Competition.

Squad Qualifying Competition

The Spring Competition is a Squad qualifying opportunity.

Changes to the FINA Rules

Rule Changes from the Swimming Technical Congress held in Montreal on 21 July 2005 will come into effect in New Zealand on **23 September 2005**.

Technical Officials Newsletter 3 details the appropriate changes and can be found on the SNZ website under Members Information/Technical Officials.

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2005 NZ Spring Competition

Wellington Regional Aquatic Centre, Wellington – 25 – 28 September 2005



30 June 2005 version

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 25th September 2005.
- The age groups to be swum for both male and female are 15 and Under and 16 and Over.
- Relays are **Regional** and shall be swum as 15 and Under and 16 and Over.
- The qualifying period is from 21st August 2004 to **11th September 2005**.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times will be 25 metre times. Qualifying times swum in pools other than 25m must be converted to short course times using the SNZ Conversions.
- Swimmers may enter one (1) unqualified event.
- 50m, 100m, 200m and 400m events will be rank seeded as per SNZ Regulation 4.2 with all ages seeded together. Age group finals shall be seeded in accordance with FINA Rule SW3 with age groups seeded separately.
- 800m and 1500m Free events will be swum as timed finals with all ages seeded together and the fastest timed-final race swum in the evening.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. **All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.**
- A maximum of two (2) international visitors may progress from heats to finals in any one event, with the exception of timed-finals where there is no limit on international visitor entries.

Male			Female	
16 & Over	15 & Under		16 & Over	15 & Under
FREESTYLE				
25.00	26.05	50	28.00	28.75
55.50	56.80	100	1.01.80	1.02.60
2.00.00	2.06.60	200	2.13.00	2.16.60
4.19.00	4.32.20	400	4.40.00	4.45.70
		800	9.40.00	9.41.40
17.20.00	17.39.50	1500		
BACKSTROKE				
28.15	30.40	50	32.05	33.25
1.03.00	1.06.30	100	1.10.00	1.12.40
2.17.00	2.24.60	200	2.32.00	2.34.60
BREASTSTROKE				
31.90	34.20	50	35.90	37.70
1.11.50	1.14.50	100	1.21.00	1.22.00
2.37.50	2.46.00	200	2.54.00	2.55.00
BUTTERFLY				
27.30	29.30	50	30.70	32.05
1.01.00	1.05.60	100	1.09.00	1.11.70
2.18.50	2.32.70	200	2.33.00	2.41.40
MEDLEY				
1.04.30	1.08.00	100	1.12.30	1.14.00
2.16.50	2.24.60	200	2.33.00	2.34.60
4.55.00	5.14.20	400	5.24.00	5.32.90

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted.

CLUBS entries and fees are to be submitted to their **REGIONAL ASSOCIATION** by the date specified by the Region.

CLUBS need to check with your **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand by **12 MIDNIGHT ON THURSDAY 15th SEPTEMBER 2005**. Late entries will not be accepted.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Regional Coaches and Managers Form

Entry fees are \$11.75 individual events and \$23.50 relay events.

Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P O Box 11115, Wellington.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website by **FRIDAY 16th SEPTEMBER 2005**.

There will be no refunds for withdrawals after the psych sheets have been circulated, unless a medical certificate is produced.

Corrections and changes to psych sheets are to be sent to events@swimmingnz.org.nz by **MIDNIGHT TUESDAY 20th SEPTEMBER 2005**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website by **WEDNESDAY 21st SEPTEMBER 2005**



2005 NZ Spring Competition

Wellington Regional Aquatic Centre, Wellington – 25 – 28 September 2005



30 June 2005 version

Warm-up Times, Session Start Times and Order of Events

Day 1 – Sun 25 th Sept 2005			Day 2 – Mon 26 th Sept 2005			Day 3 – Tues 27 th Sept 2005			Day 4 – Wed 28 th Sept 2005		
Session 1 - Heats			Session 1 - Heats			Session 1 - Heats			Session 1 - Heats		
Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am		
1	100m Back	W	11	50m Fly	W	22	50m Back	M	32	50m Breast	M
2	200m Free	M	12	50m Fly	M	23	100m Breast	W	33	200m Free	W
3	200m Fly	W	13	100m IM	W	24	400m Free	M	34	1500m Free (Timed Finals)	M
4	100m Back	M	14	400m IM	M	25	200m Back	W	35	100m Fly	W
5	50m Breast	W	15	800m Free (Timed Finals)	W	26	200m Breast	M	36	50m Free	M
6	100m Breast	M	16	100m Free	M	27	400m IM	W	37	200m IM	W
7	400m Free	W	17	100m Free	W	28	200m IM	M	38	100m IM	M
8	100m Fly	M	18	200m Back	M	29	50m Free	W	39	50m Back	W
			19	200m Breast	W				40	200m Fly	M
Session 2 - Finals			Session 2 - Finals			Session 2 - Finals			Session 2 - Finals		
Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm		
1	100m Back 15 & Under	W	11	50m Fly 15 & Under	W	22	50m Back 15 & Under	M	32	50m Breast 15 & Under	M
1a	100m Back 16 & Over		11a	50m Fly 16 & Over		22a	50m Back 16 & Over		32a	50m Breast 16 & Over	
2	200m Free 15 & Under	M	12	50m Fly 15 & Under	M	23	100m Breast 15 & Under	W	33	200m Free 15 & Under	W
2a	200m Free 16 & Over		12a	50m Fly 16 & Over		23a	100m Breast 16 & Over		33a	200m Free 16 & Over	
3	200m Fly 15 & Under	W	13	100m IM 15 & Under	W	24	400m Free 15 & Under	M	34	1500m Free Fastest TF	M
3a	200m Fly 16 & Over		13a	100m IM 16 & Over		24a	400m Free 16 & Over				
4	100m Back 15 & Under	M	14	400m IM 15 & Under	M	25	200m Back 15 & Under	W	35	100m Fly 15 & Under	W
4a	100m Back 16 & Over		14a	400m IM 16 & Over		25a	200m Back 16 & Over		35a	100m Fly 16 & Over	
5	50m Breast 15 & Under	W	15	800m Free Fastest TF	W	26	200m Breast 15 & Under	M	36	50m Free 15 & Under	M
5a	50m Breast 16 & Over					26a	200m Breast 16 & Over		36a	50m Free 16 & Over	
6	100m Breast 15 & Under	M	16	100m Free 15 & Under	M	27	400m IM 15 & Under	W	37	200m IM 15 & Under	W
6a	100m Breast 16 & Over	M	16a	100m Free 16 & Over		27a	400m IM 16 & Over		37a	200m IM 16 & Over	
7	400m Free 15 & Under	W	17	100m Free 15 & Under	W	28	200m IM 15 & Under	M	38	100m IM 15 & Under	M
7a	400m Free 16 & Over	W	17a	100m Free 16 & Over		28a	200m IM 16 & Over		38a	100m IM 16 & Over	
8	100m Fly 15 & Under	M	18	200m Back 15 & Under	M	29	50m Free 15 & Under	W	39	50m Back 15 & Under	W
8a	100m Fly 16 & Over	M	18a	200m Back 16 & Over		29a	50m Free 16 & Over		39a	50m Back 16 & Over	
9	4 X 50m Free Relay 15 & Under	W	19	200m Breast 15 & Under	W	30	4 X 50 Medley Relay 15 & Under	M	40	200m Fly 15 & Under	M
9a	4 X 50m Free Relay 15 & Under	M	19a	200m Breast 16 & Over		30a	4 X 50 Medley Relay 15 & Under	W	40a	200m Fly 16 & Over	
10	4 X 200 Free Relay 16 & Over	W	20	4 X 100 Free Relay 15 & Under	M	31	4 X 50 Medley Relay 16 & Over	M	41	4 X 100 Medley Relay 15 & Under	W
10a	4 x 200 Free Relay 16 & Over	M	20a	4 X 100 Free Relay 15 & Under	W	31a	4 X 50 Medley Relay 16 & Over	W	41a	4 X 100 Medley Relay 15 & Under	M
			21	4 X 100 Medley Relay 16 & Over	M				42	4 X 100 Free Relay 16 & Over	W
			21a	4 X 100 Medley Relay 16 & Over	W				42a	4 X 100 Free Relay 16 & Over	M